

June 26 - 30, 2023
Smolenice Castle, Slovakia

BenBedPhar Training School 2023

NRF2 in noncommunicable diseases:
From bench to bedside



NRF2 biomarkers in blood

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“Victor Babeş” National Institute of Pathology

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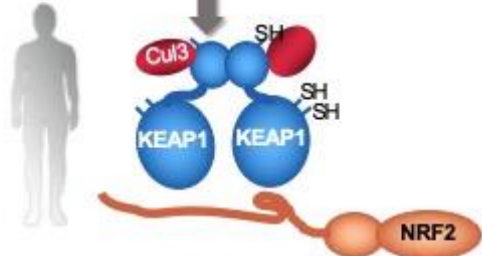
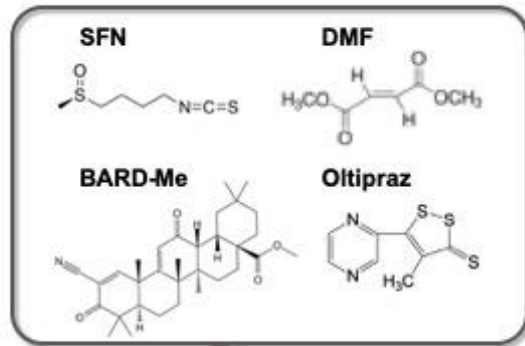
Outline

- Why NRF2 biomarkers in blood
- NRF2 target genes and the NRF2 interactome
- Blood NRF2 biomarkers in Alzheimer's disease
- NRF2 blood biomarkers in clinical trials
- NRF2 biomarkers in serum and plasma

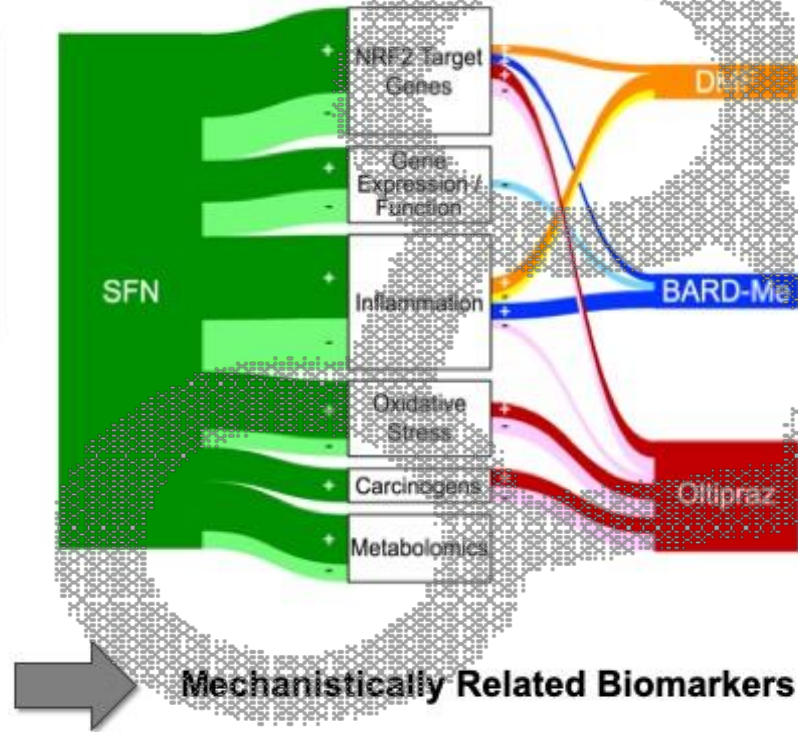


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Ia. Why NRF2 biomarkers?



Clinical Studies Using NRF2 Inducers



Proof-of-concept

Diagnosis

Disease monitoring

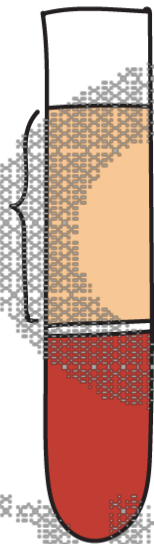
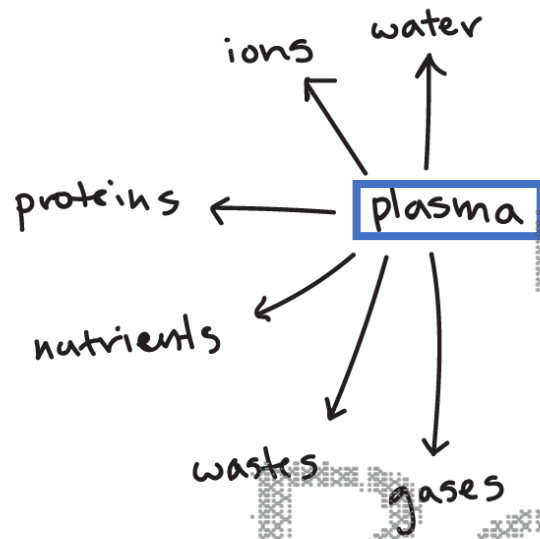
Drug development

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Ib. Why NRF2 biomarkers in blood?

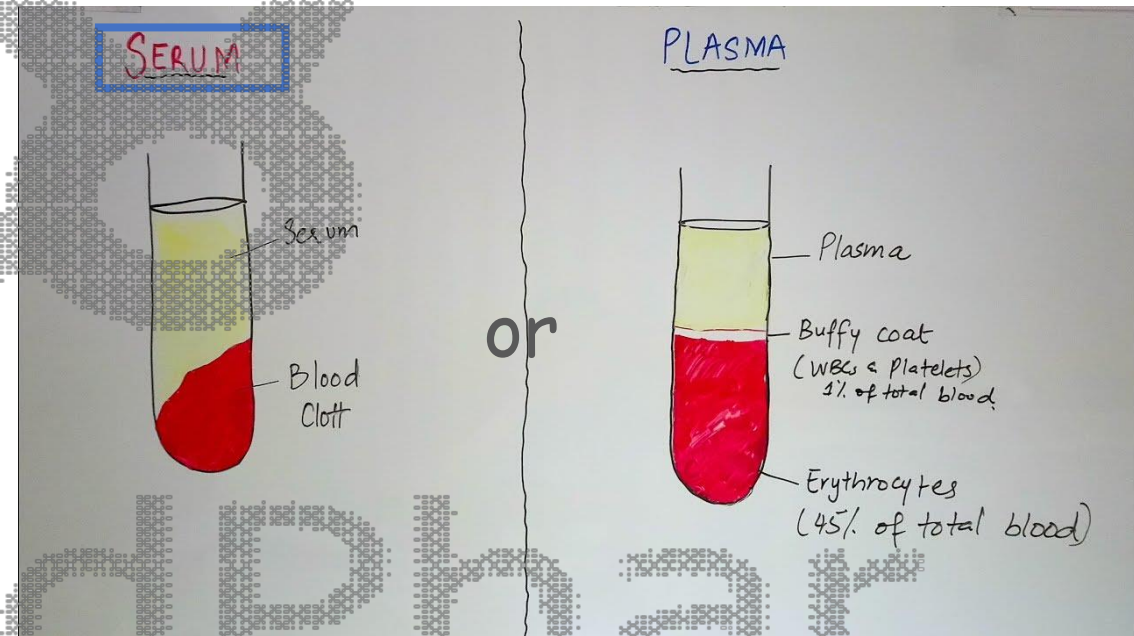
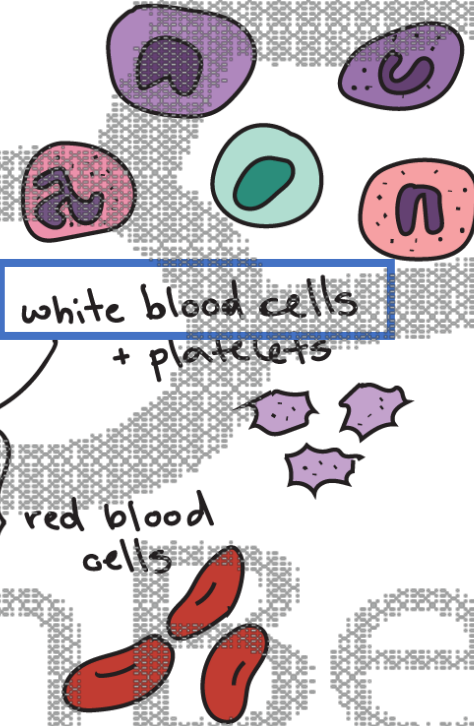


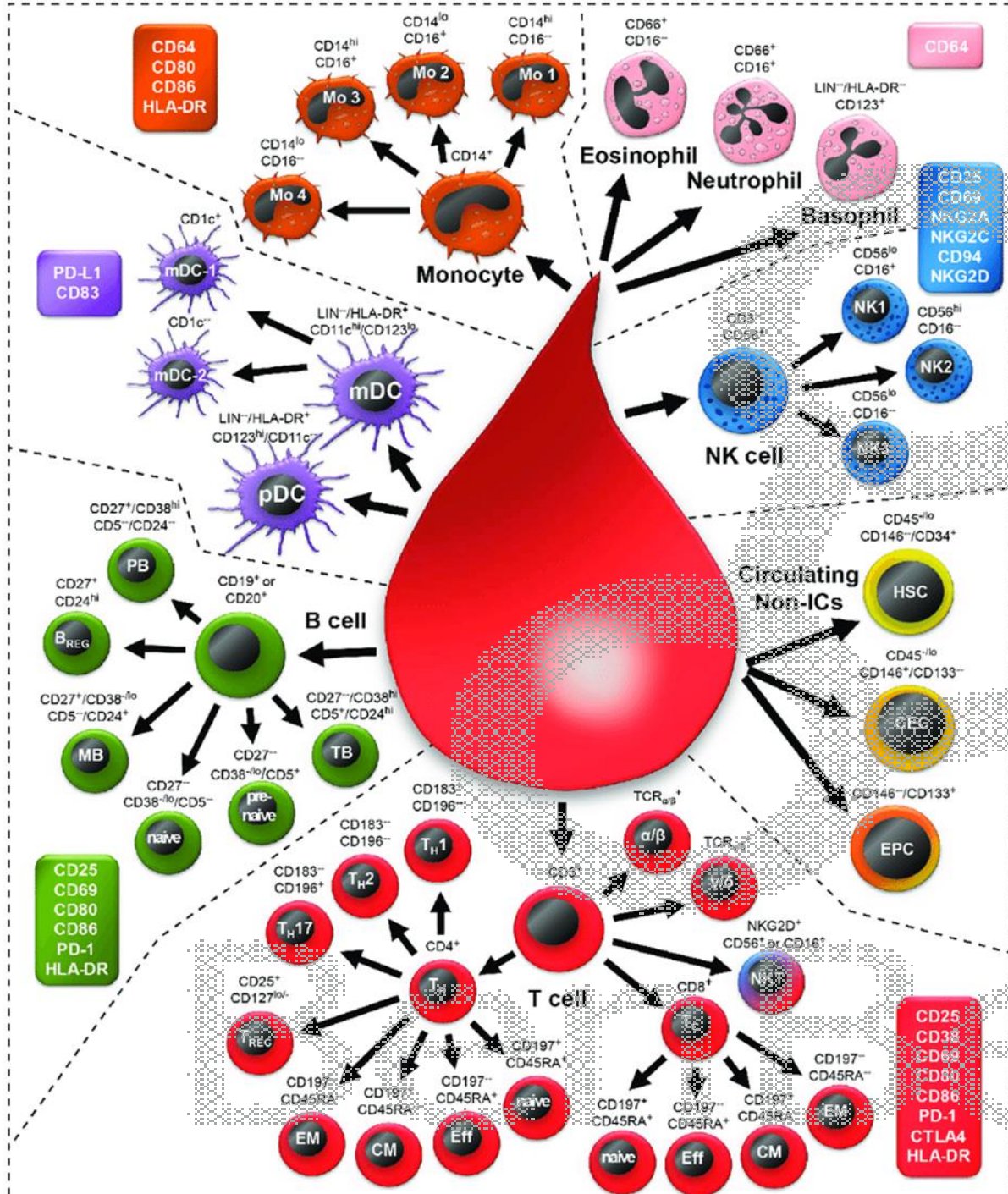
Whole peripheral blood



white blood cells
+ platelets

red blood
cells





NRF2 is a transcription factor



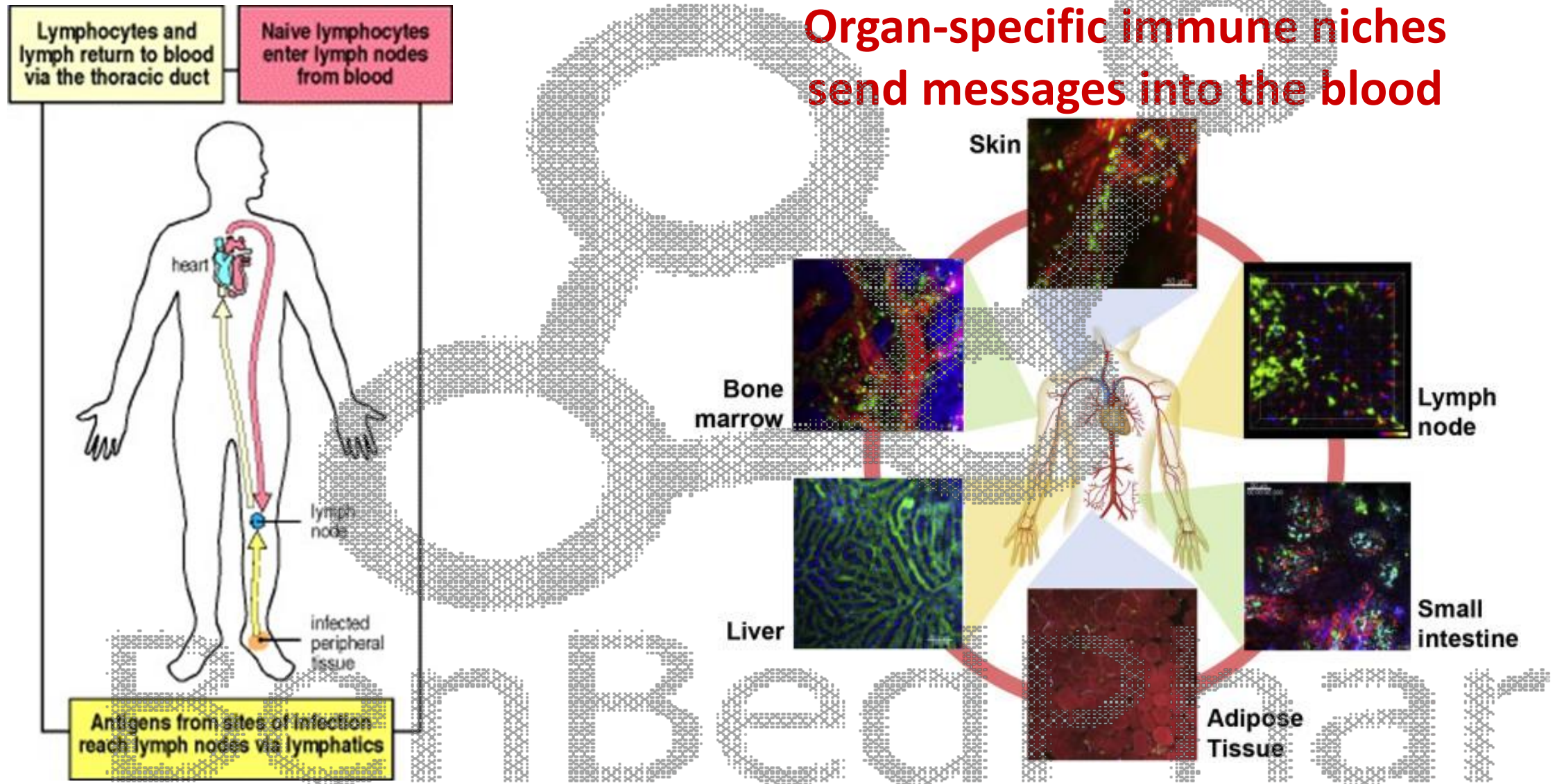
Look at the molecular
NRF2 fingerprint
in blood leukocytes



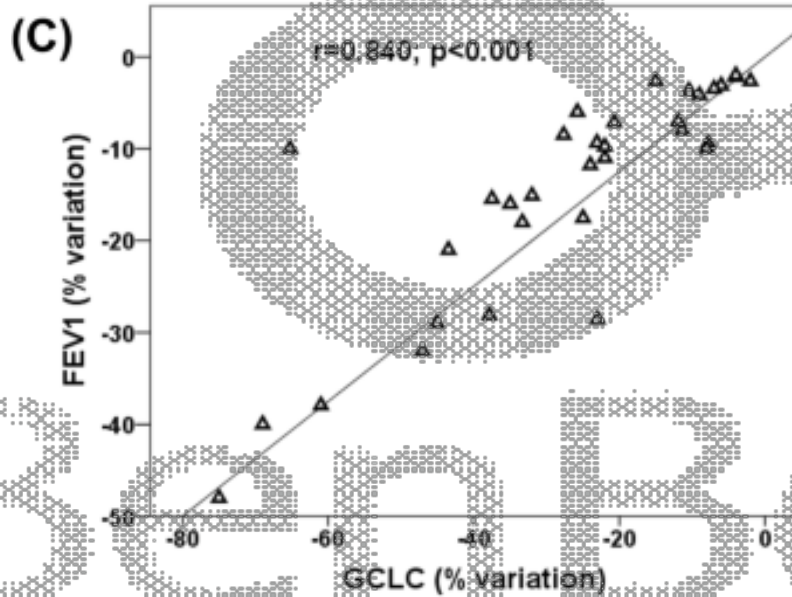
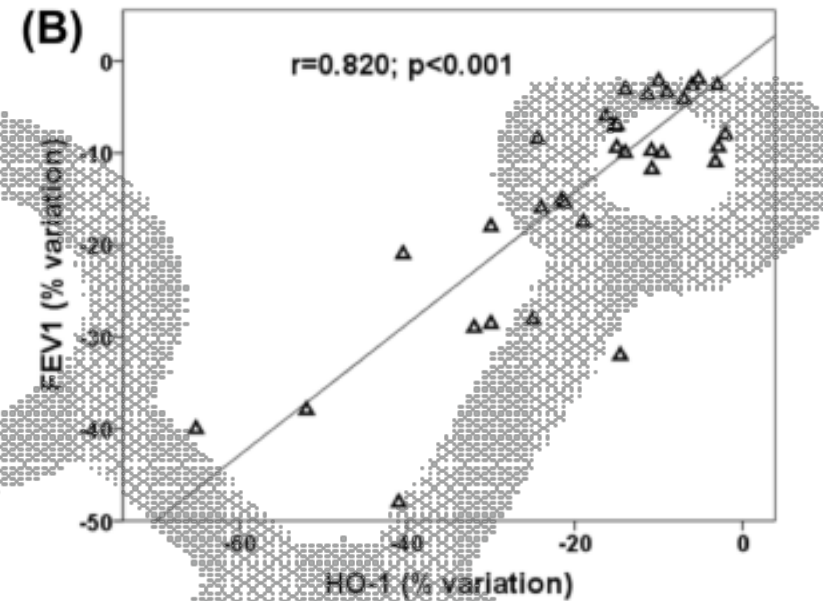
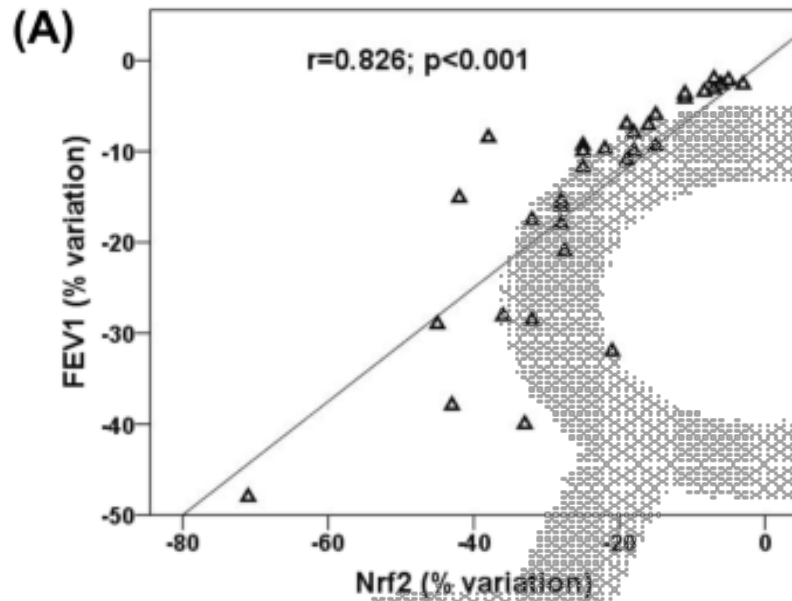
**Does the NRF2 status
in peripheral immune cells
reflect organ-specific pathological processes?**

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Organ-specific immune niches send messages into the blood



PBMCs in chronic obstructive pulmonary disease (COPD)



33 COPD patients vs
37 non-COPD subjects
monitored for 40 months

Fratta Pasini *et al. Respir Res* 2020, 21: 37.
<https://doi.org/10.1186/s12931-020-1292-7>

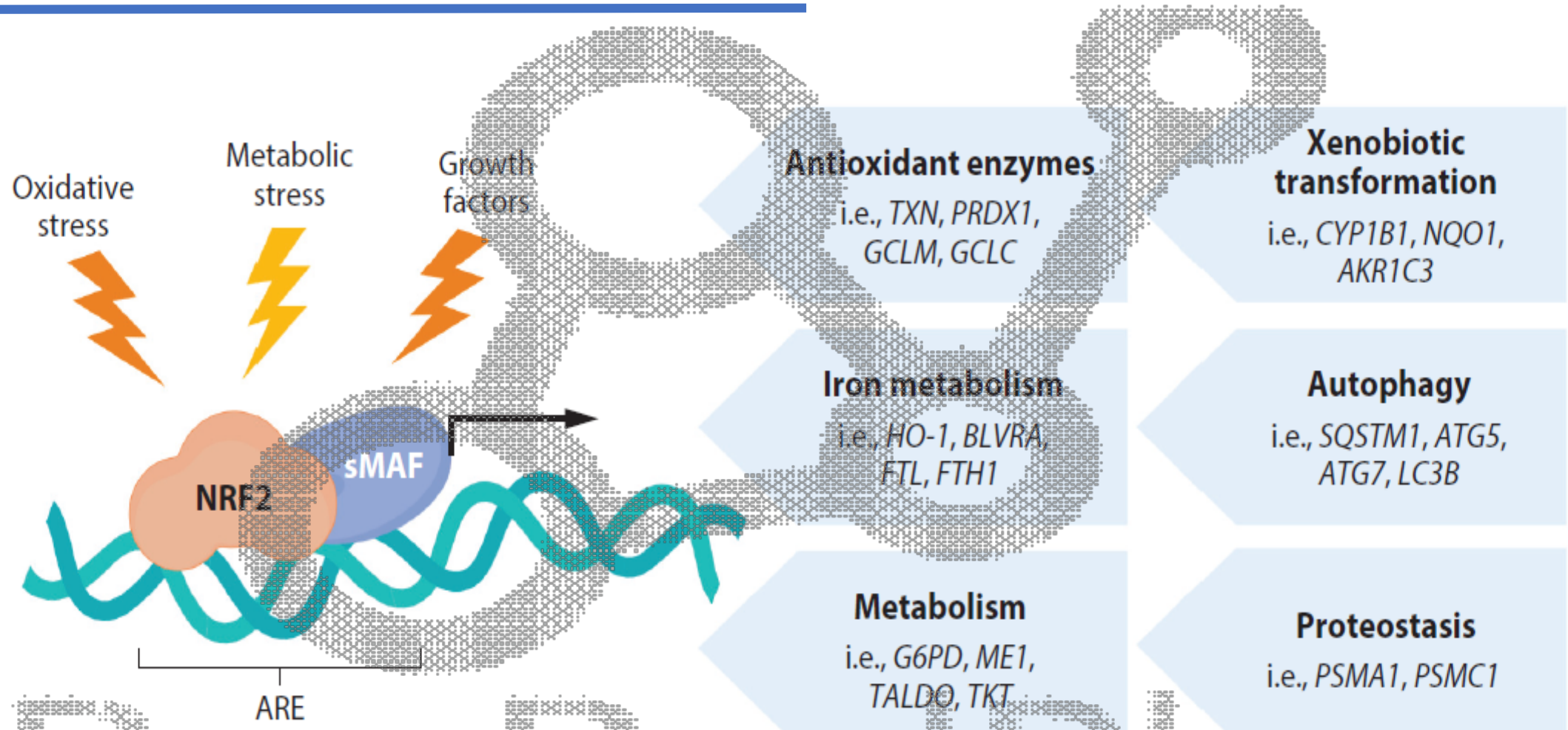
Example



II. NRF2 target genes

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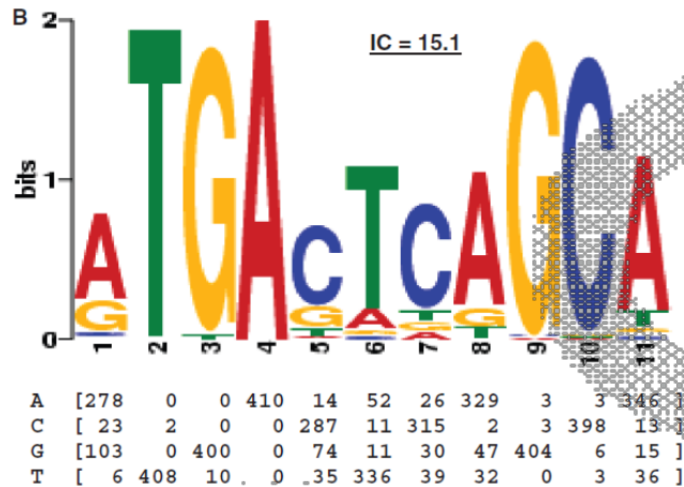
Validated NRF2 target genes



... and many more other target genes that are under validation

Many genes have NRF2 binding sites in their promoter

NRF2 binding profile



MEME motif discovery algorithm
(<http://meme.sdsc.edu>)
IC=information content

Mouse embryonal fibroblasts from
Keap1^{-/-}, Nrf2^{-/-} and WT mice

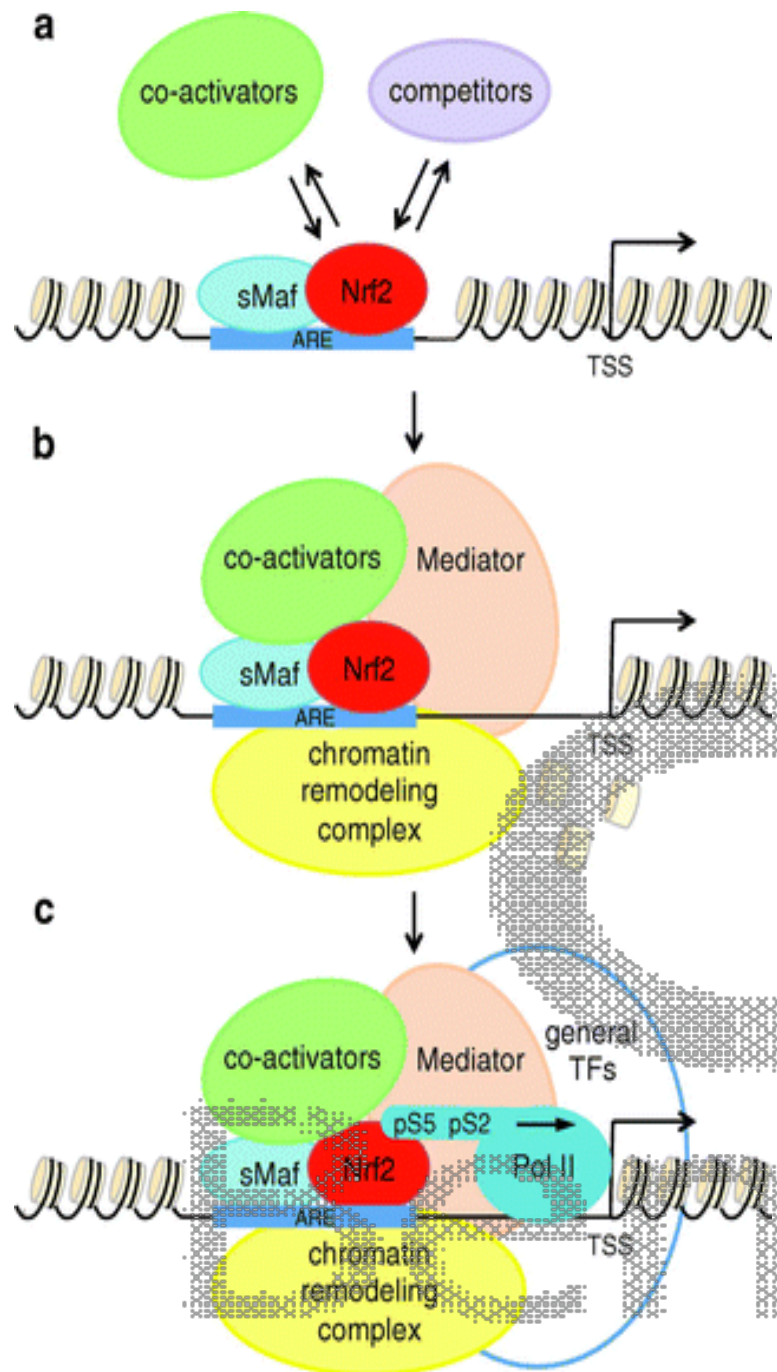
Integration of ChIP-Seq and microarray data:
NRF2-binding sites in **645 basal** and **654 inducible genes**
(**244 genes at the intersection**)

Malhotra D et al. Nucleic Acids Res. 2010, doi: 10.1093/nar/gkq212.

Are all the NRF2 inducible gene targets

transcribed simultaneously?

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- NRF2 selects the genes to be activated by binding as a heterodimer with sMaf to the ARE in promoter regions of the target genes;
- NRF2 recruits co-activators, components of the transcription machinery and nucleosome-remodelling complexes that make the chromatin structure accessible to the Pol II machinery;
- General transcription factors and Pol II are recruited;
- Pol II is phosphorylated, and transcription starts.

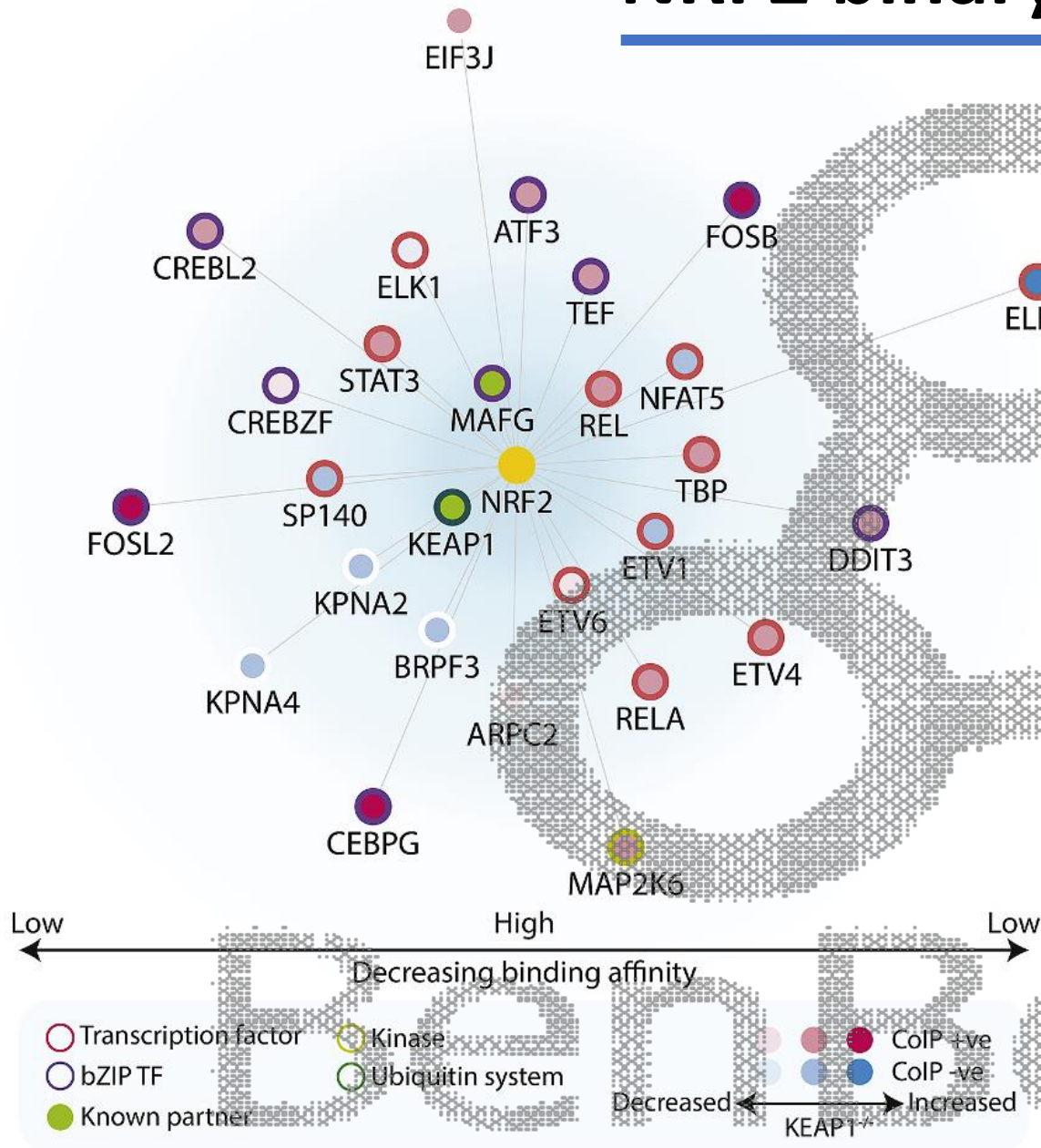
Other transcription factors may regulate NRF2 target genes

Examples:

The HMOX1 gene is at the interference of several redox-sensitive transcription factors such as NRF2, NFkB, HIF1 α and AP1.

The bZip transcription factors NRF2 and AP1 regulate each other as the AP1-binding site 12-O-tetradecanoylphorbol-13-acetate response element (TRE, TGA(C/G)TCA) is often embedded into the NRF2-binding ARE.

NRF2 binary partners



Transcription factors (TFs) – red border

bZIP TFs – purple border

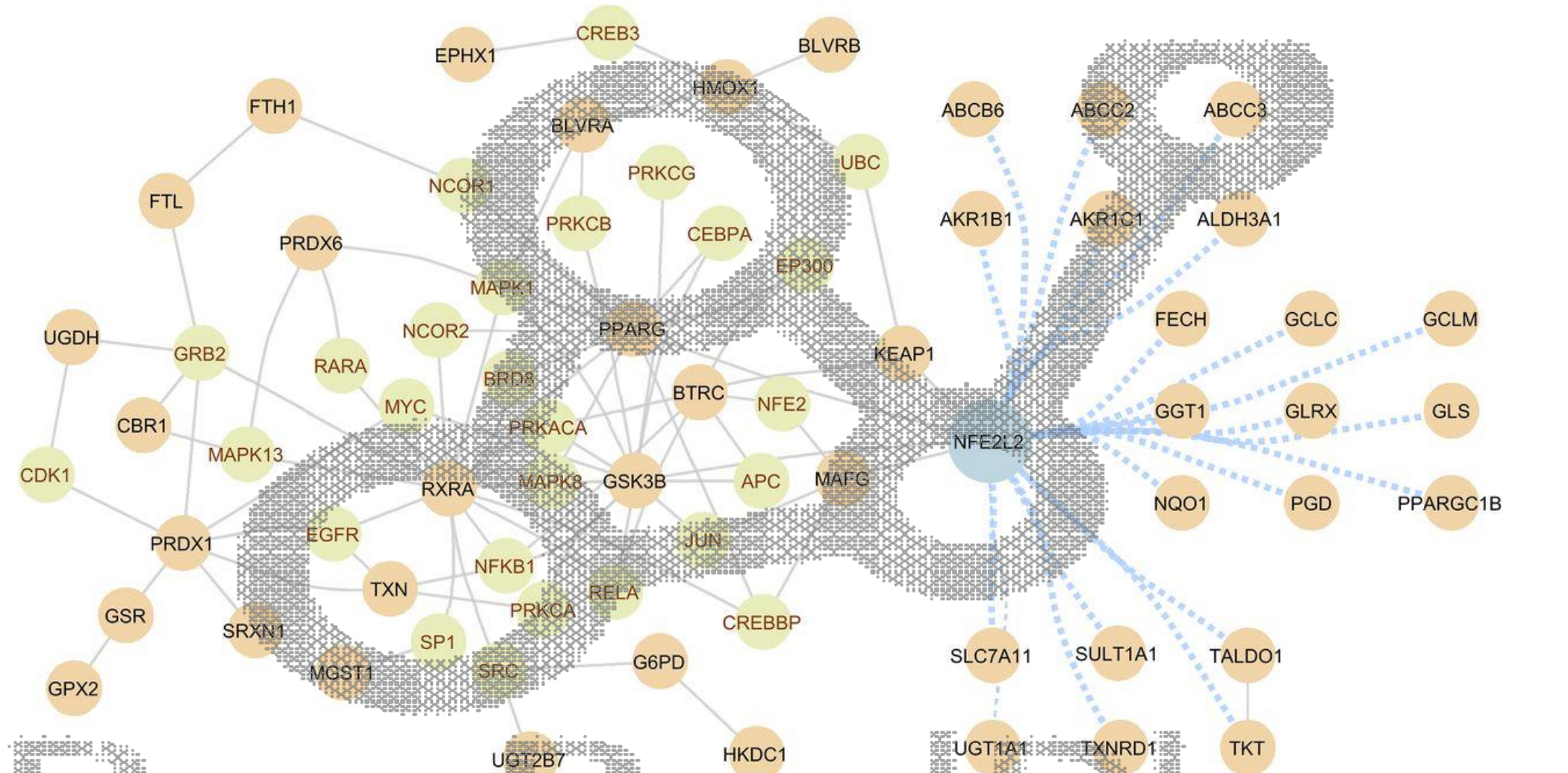
Kinases – light green border

Ubiquitin-related proteins – dark green border

Locating the NRF2 regulatory pathway in the human interactome

NRF2 - Systems medicine-based analysis

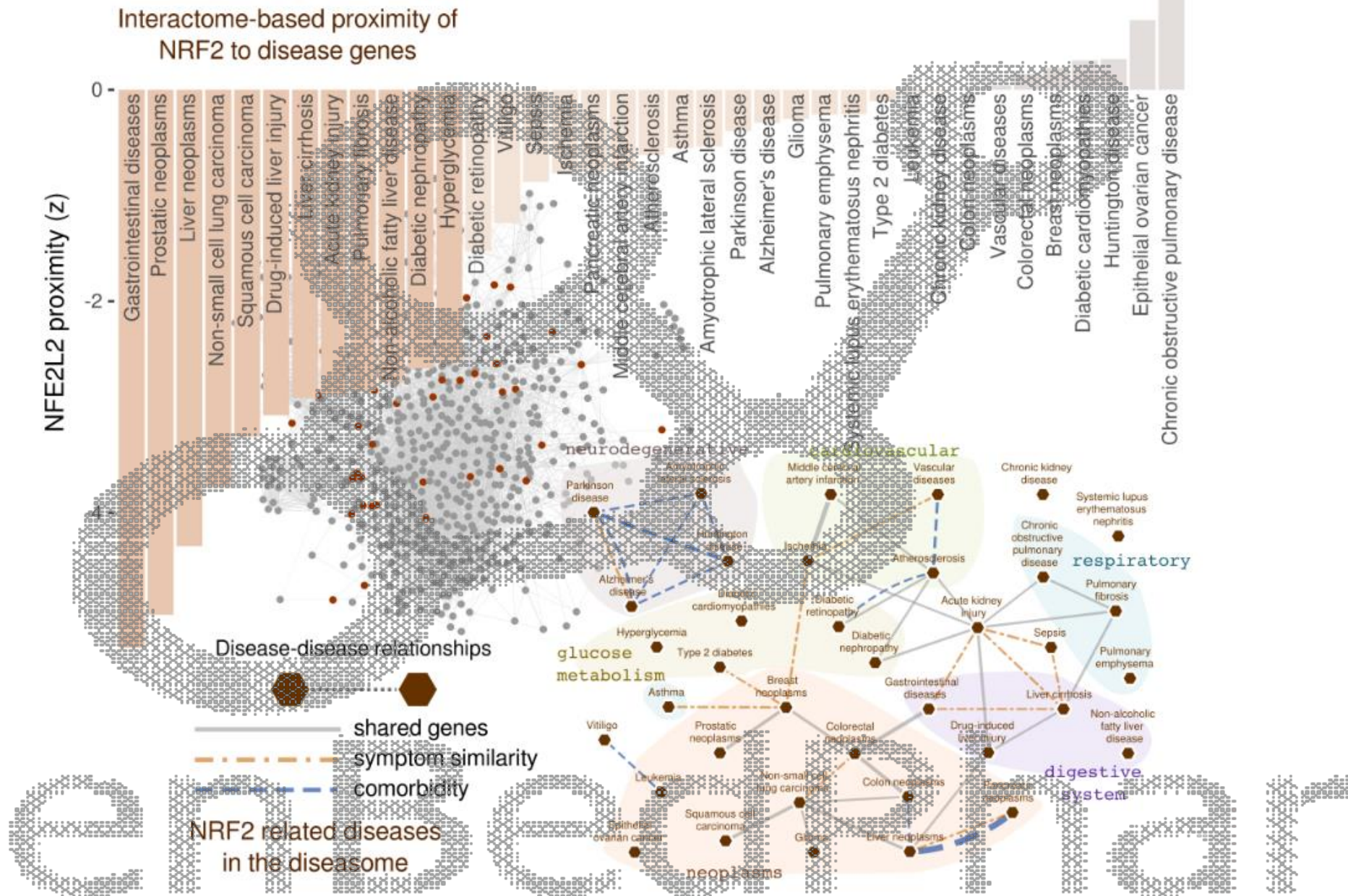
<https://sbi.imim.es/data/nrf2/>.



*Gray link: physical interactions between proteins involved in the NRF2 regulatory pathway (regulator proteins, brown circles) and the proteins through which they are connected (mediator proteins, gray circles).
Blue link: regulator proteins involving more than one mediator protein to connect to NRF2.*

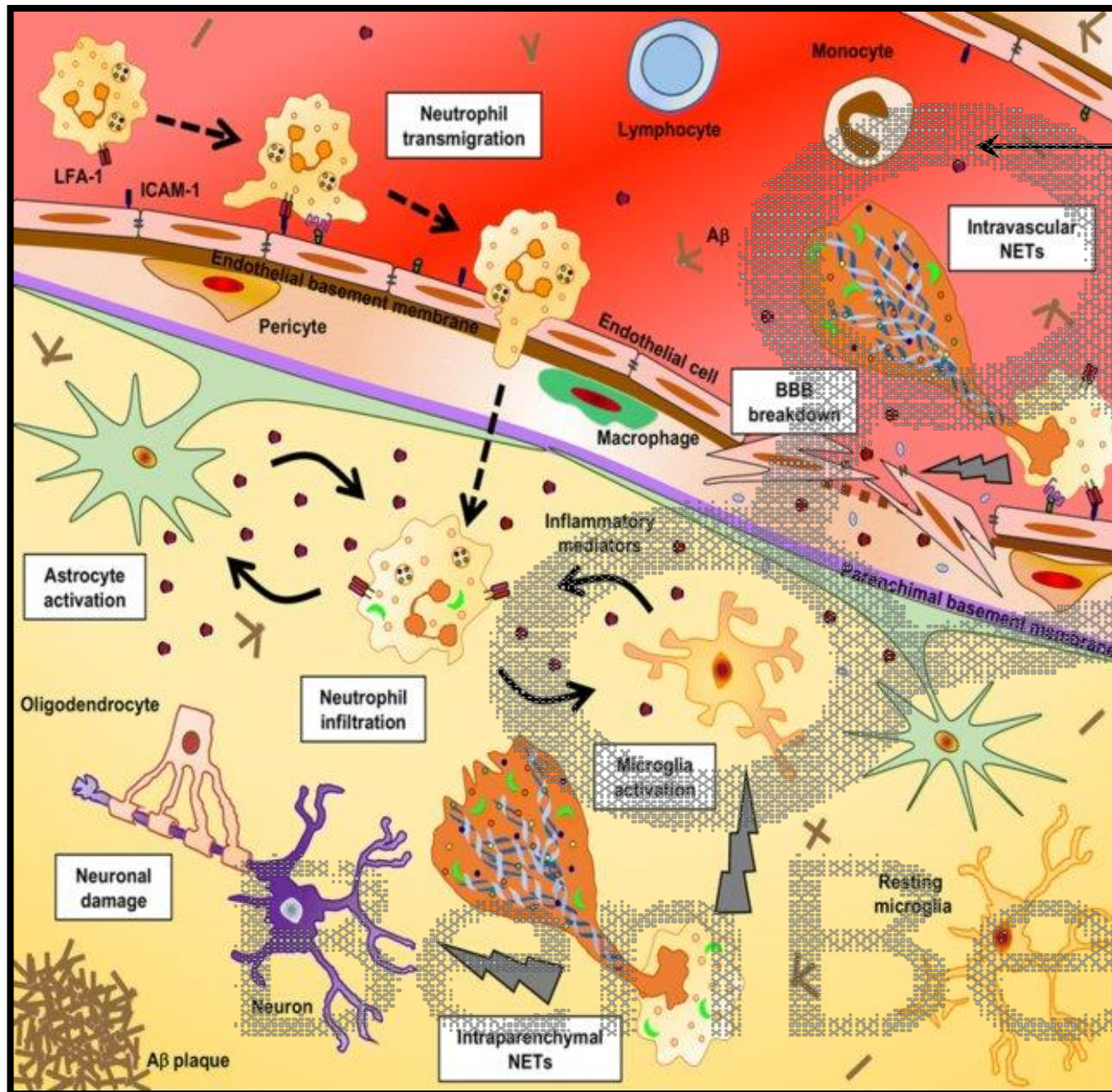
Cuadrado A et al. Pharmacol Rev. 2018,
doi: 10.1124/pr.117.014753.

The NRF2-related diseasome



III. NRF2 blood biomarkers in Alzheimer's disease

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Are blood leukocytes "primed" in AD?

BBB alterations and leukocyte extravasation in postcapillary venules in the AD brain

Liebner S et al. Functional morphology of the blood-brain barrier in health and disease. *Acta Neuropathol* 2018, 135(3): 311-336.

Ramos-Cejudo J et al. The Neutrophil to Lymphocyte Ratio Is Associated With the Risk of Subsequent Dementia in the Framingham Heart Study. *Front Aging Neurosci*. 2021; 13: 773984.

Case-control study design

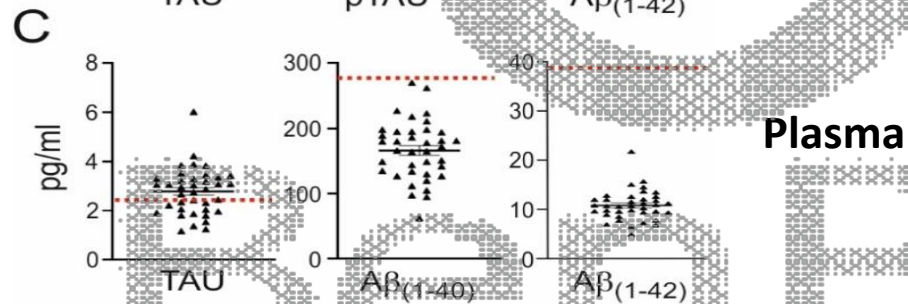
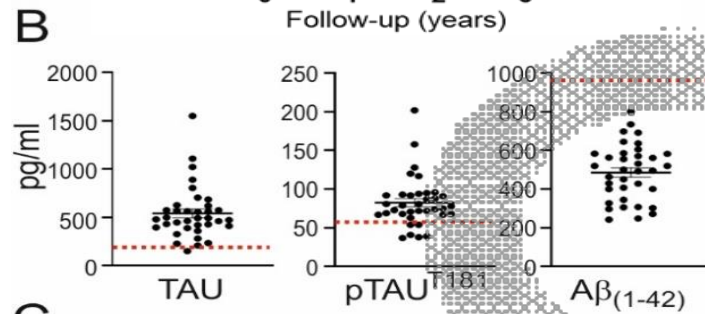
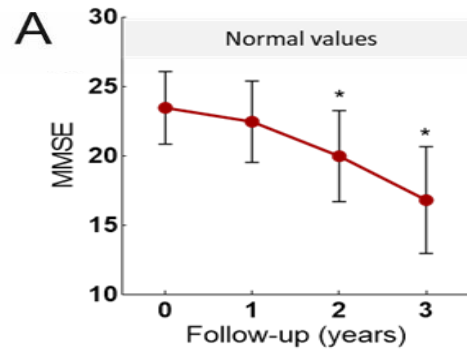
Age-matched

Similar comorbidities

38 mild AD patients

38 controls

Mild AD diagnosis (NIA-AA criteria)



Gene expression study in blood



- **84 redox genes:** ROS producers, genes related to ROS metabolism and redox-responsive genes.
- **136 inflammation genes:** NFκB signaling and transcription of its target genes.

Housekeeping genes: HPRT1 and RPLPO (RefFinder analysis which integrates 4 computational programs (BestKeeper, NormFinder, Genorm and the comparative delta-Ct method)).

Patients were not treated with AD-specific medication

Over-expressed redox genes (FC > 2, p < 0.001) in the blood of patients vs controls

Genes encoding ROS producers

NCF1, DUOX1/2*

Genes encoding antioxidants

Glutathione metabolism: GSR*, GPX3*, GSTP1
Thioredoxin metabolism: TXNRD2

Other genes involved
in redox signaling

FOXM1*, HSPA1A*, SEPP1, CCS

Pathway activity signature

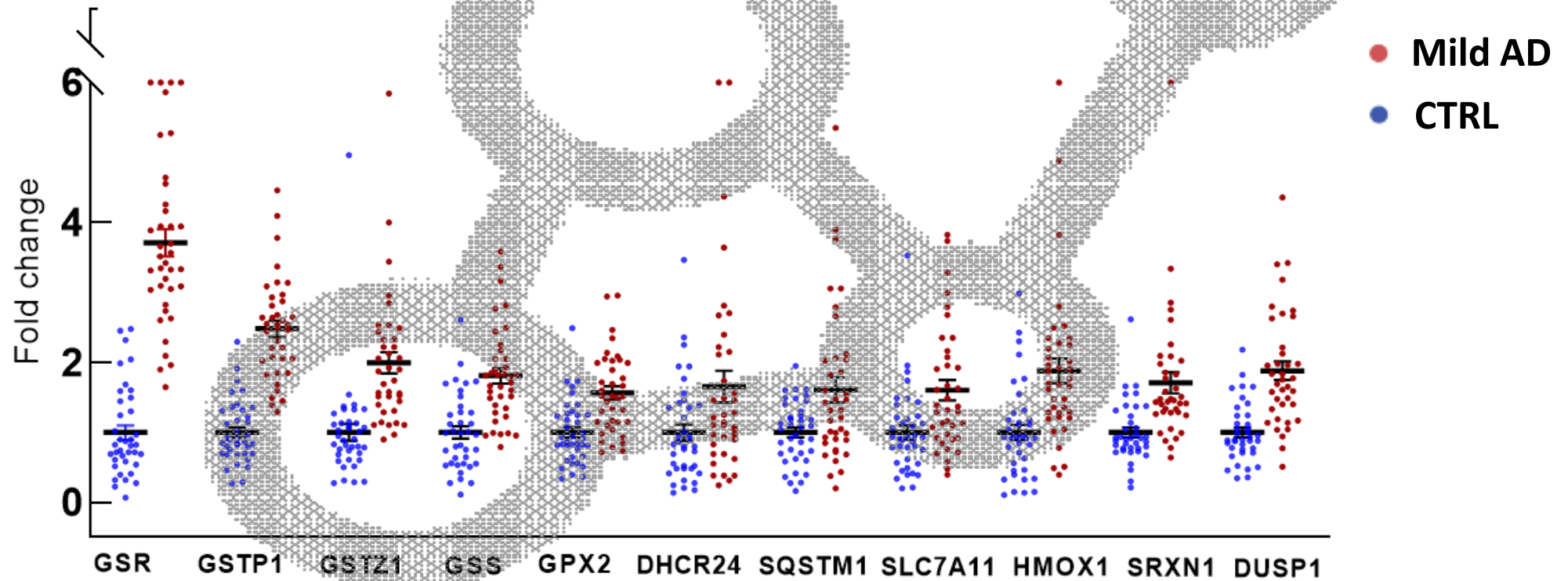
TRAPPC6A

Ben Berber Phor

* Redox-responsive genes

Bold: FC >3

NRF2 signature in mild AD patients



NRF2 activation is apparently not able to restore redox homeostasis in the blood of AD patients

Over-expressed inflammation genes (FC > 2, p < 0.001) in the blood of AD patients vs controls

NFkB activation pathway

Canonical: **NFKBIA***
Non-canonical: **RELB***, NFKB2*, TRAF2*, CD40*, LTA*

Apoptosis

Death receptors/ligands: FASLG*, TNFRSF1B^
Apoptosis modulators: TP53*, BCL2L1*
Cell cycle regulator: CCND1*

NFkB-related signaling pathways

AKT signaling: AKT1
STAT transcription factors: STAT5B*, STAT1
Interferon signaling: IRF1*, STAT1, TBK1

Soluble factors and receptors

Ligands: CFB*, LTB*
Receptors: IL2RA*, **CSF2RB***

Coagulation

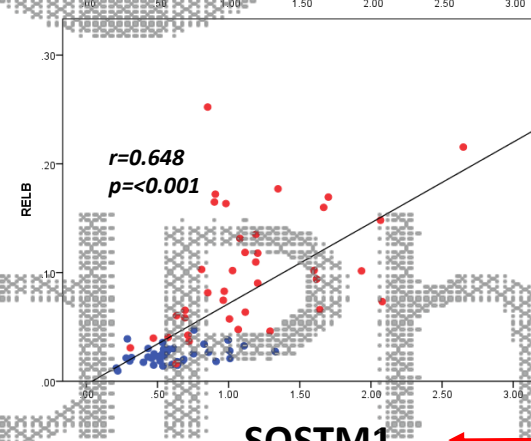
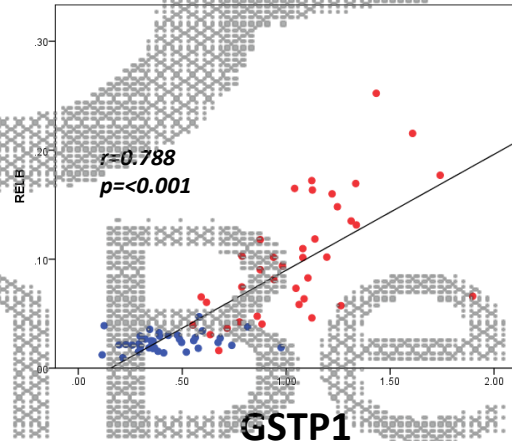
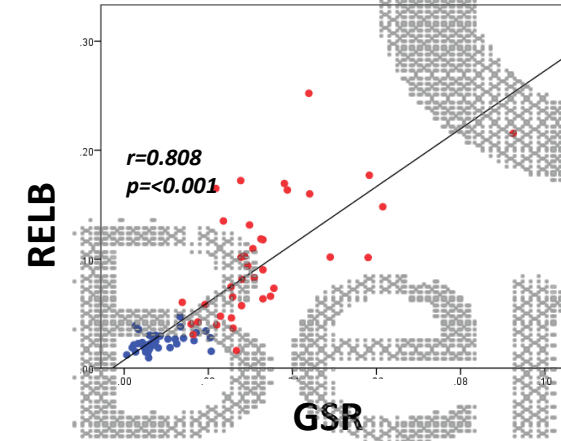
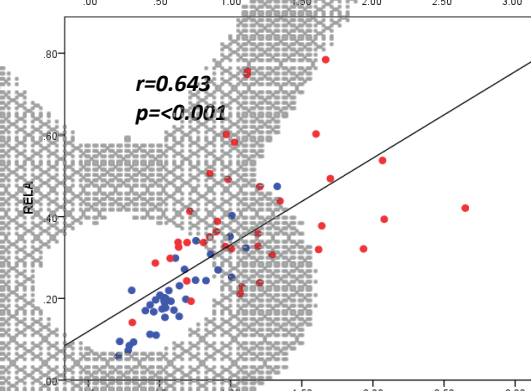
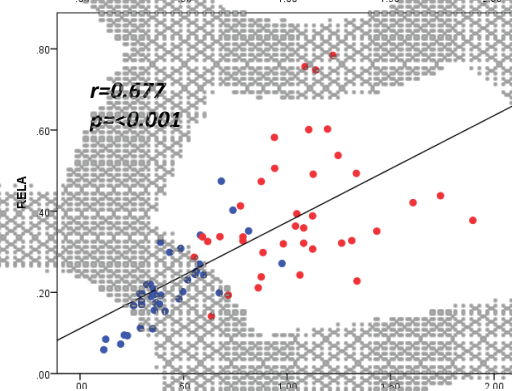
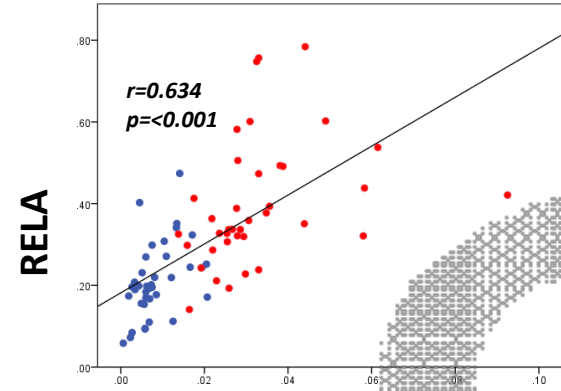
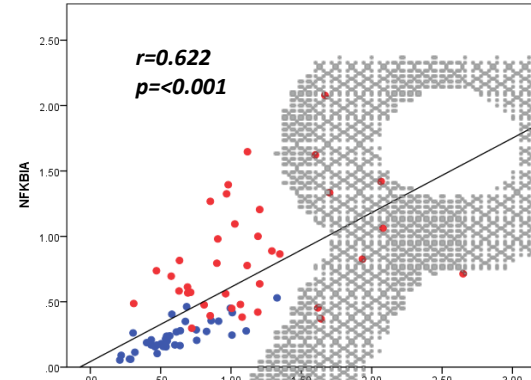
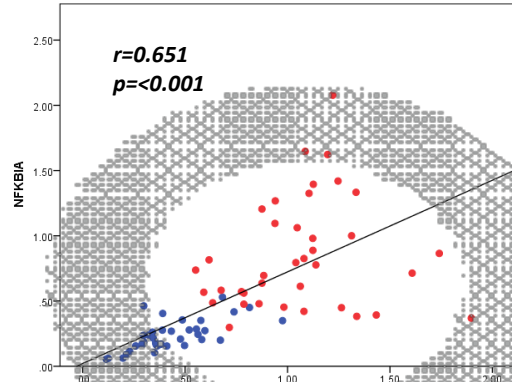
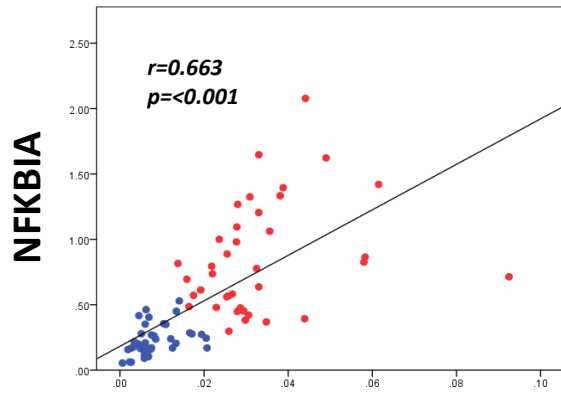
F8*, **PLAU***

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Bold: FC >3

* Validated NFkB targets

^ Computed NFkB targets

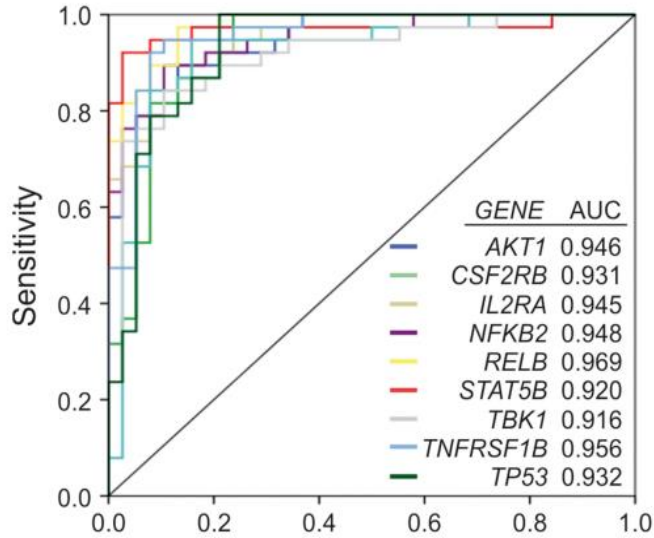


- Mild AD
- CTRL

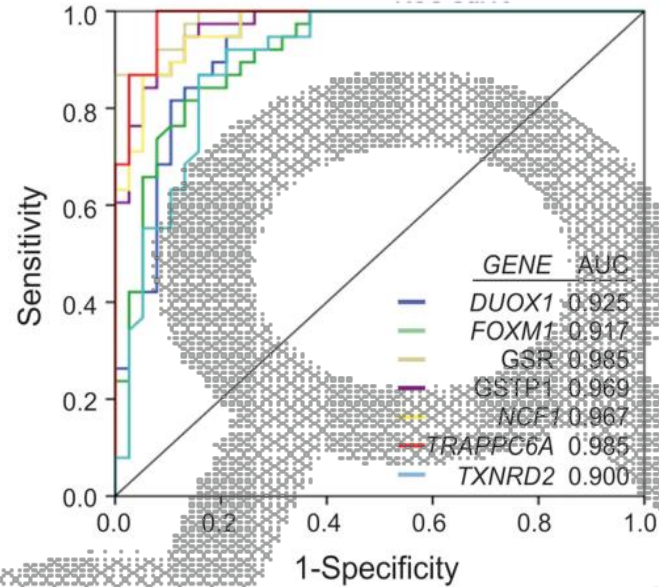
NFKB-NRF2 crosstalk

← NRF2 gene targets

Inflammation genes



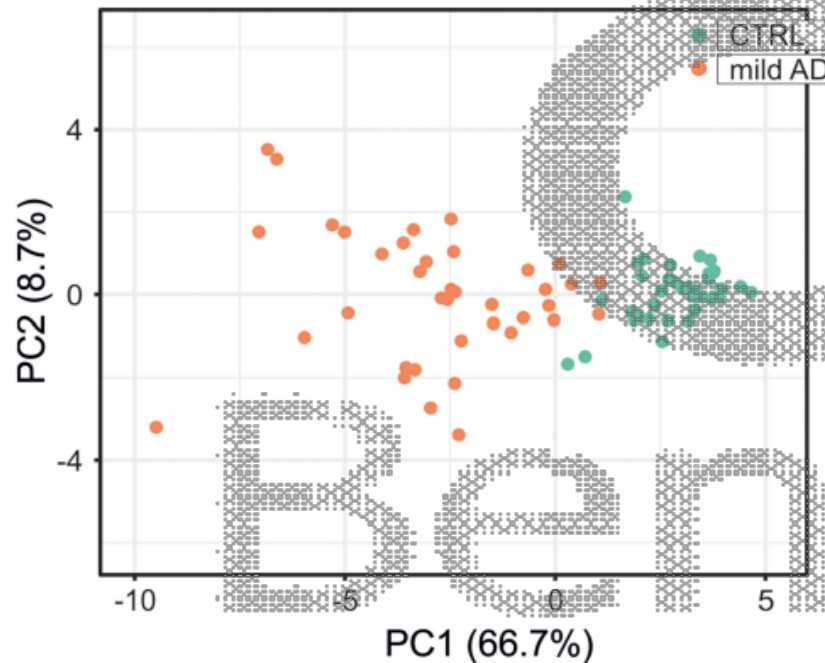
Redox genes



Genes (FC > 2, p < 0.001, AUC : 0.9)
discriminating between
mild AD and age-matched controls

Redox genes

- ROS producers: **NCF1, DUOX1**
- NRF2 targets: **GSR, GSTP1**
- Other antioxidant mechanisms: TXNRD2
- DNA damage and mitosis: **FOXM1**
- Pathway signature: **TRAPPC6A**



Principal Component Analysis

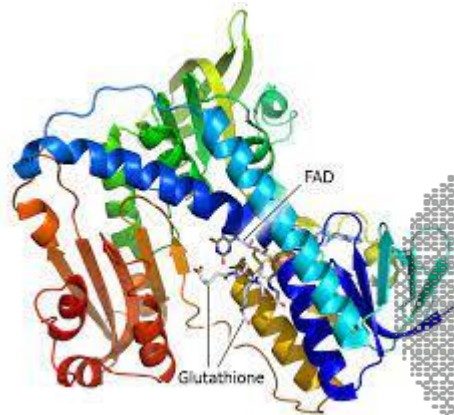
Inflammation genes

- Core NFkB genes: **RELB, NFKB2**
- Apoptosis-related genes: **TNFRSF1B, TP53**
- NFkB-related signaling pathways:
AKT1, STAT5B, TBK1
- Immunity genes: **IL2RA, CSF2RB**

Genes that are relevant also in the AD brain
(GSE122063)

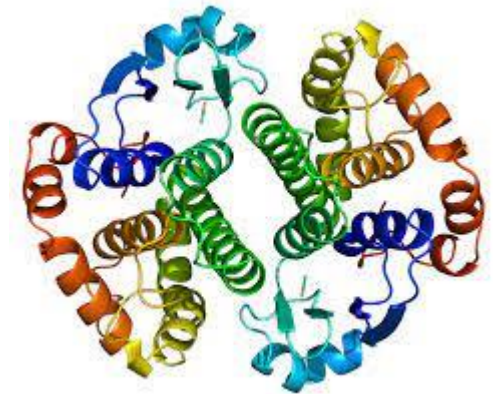
Conclusion

Blood leukocytes are “primed” in the blood of mild AD patients.



GSR

GSTP1



Candidate NRF2 biomarkers
in the blood of mild AD patients

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Whole Blood Expression Pattern of Inflammation and Redox Genes in Mild Alzheimer's Disease

Background: Although Alzheimer's disease (AD) is associated with alterations of the central nervous system, this disease has an echo in blood that might represent a valuable source of biomarkers for improved diagnosis, prognosis and for monitoring drug response.

Methods: We performed a targeted transcriptomics study on 38 mild Alzheimer's disease (AD) patients and 38 matched controls for evaluating the expression levels of 136 inflammation and 84 redox genes in whole blood. Patients were diagnosed as mild AD based on altered levels of total TAU, phospho-TAU and Abeta₍₁₋₄₂₎ in cerebrospinal fluid, and Abeta₍₁₋₄₀₎, Abeta₍₁₋₄₂₎ and total TAU levels in plasma. Whenever possible, blood and brain comparisons were made using public datasets.

Results: We found 48 inflammation and 34 redox genes differentially expressed in the blood of AD patients vs controls (FC > 1.5, p < 0.01), out of which 22 pro-inflammatory and 12 redox genes exhibited FC > 2 and p < 0.001. Receiver operating characteristic (ROC) analysis identified nine inflammation and seven redox genes that discriminated between AD patients and controls (area under the curve > 0.9). Correlations of the dysregulated inflammation and redox transcripts indicated that *RELI* may regulate several redox genes including *DUOX1* and *GSR*. Based on the gene expression profile, we have found that the master regulators of inflammation and redox homeostasis, NFκB and NRF2, were significantly disturbed in the blood of AD patients, as well as several zinc finger and helix-loop-helix transcription factors.

Conclusion: The selected inflammation and redox genes might be useful biomarkers for monitoring anti-inflammatory therapy in mild AD.

Keywords: oxidative stress, neuroinflammation, gene expression, dementia, NRF2, NFκappaB

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<https://pubmed.ncbi.nlm.nih.gov/34848989/>

bioRxiv preprint doi: <https://doi.org/10.1101/2023.08.08.554898>; this version posted August 10, 2023. The copyright holder for this preprint (which was not certified by peer review) is the author/funder, who has granted bioRxiv a license to display the preprint in perpetuity. It is made available under aCC-BY 4.0 International license.

The animal model

APP^{V717I} and TAU^{P301L} transgenic mice that recapitulate with aging a combined amyloid and TAU pathology.

Biologic samples



Investigations

Expression levels of 84 inflammation and 84 redox genes in AD mice (n=10) vs age-matched controls (n=8).



How much do these AD mice mimic the human disease in terms of NRF2, inflammation and redox biomarkers in the hippocampus and blood?”

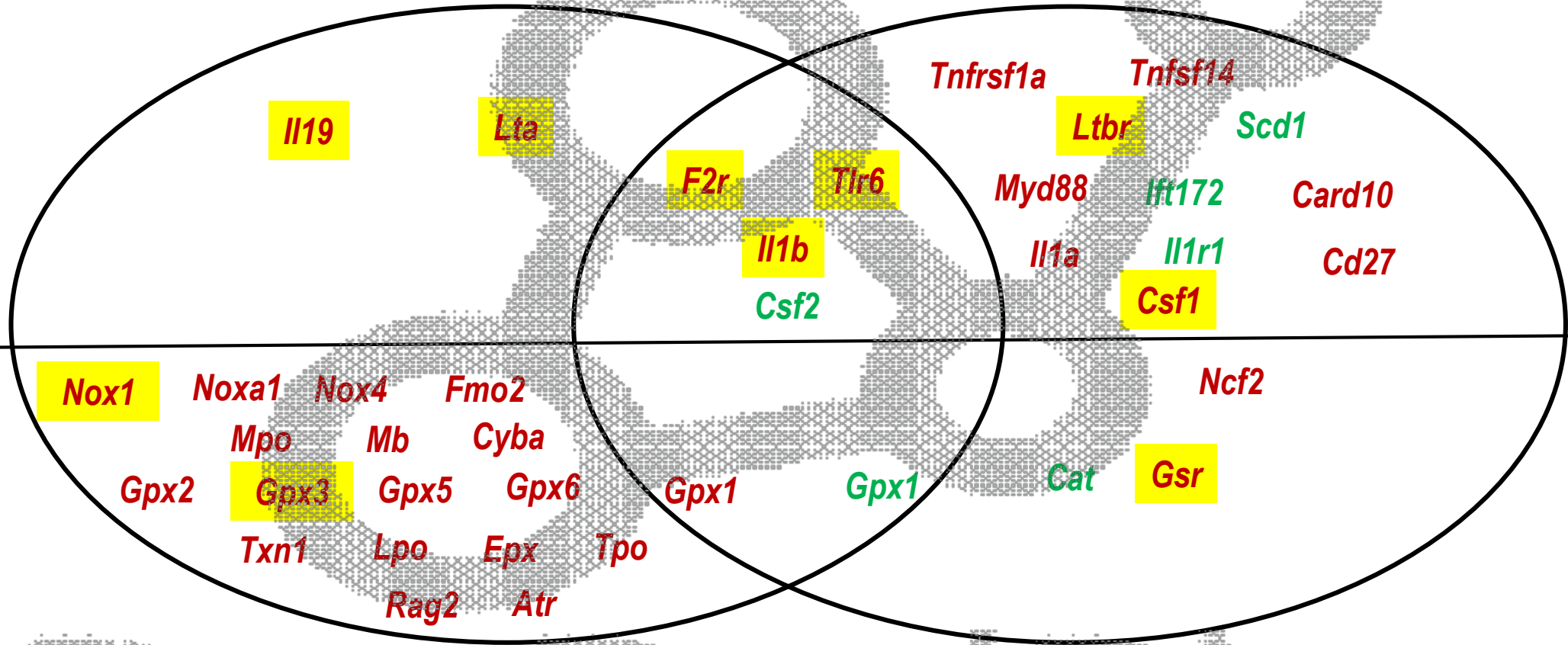
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Hippocampus

Blood

Inflammation

Redox



Red font – up-regulated genes, FC > 1.8, p < 0.05

Green font – down-regulated genes, FR < -1.8, p < 0.05

Genes with the same evolution trend in AD patients and mice

Validation of the GSR gene over-expression in the blood of AD mice

Gene	AD mice blood				Mild AD patients blood	
	21 AT vs. 12 WT		7 AT vs. 8 WT		38 MCI vs. 38 CTRL	
	48.5 ± 4.9 weeks		37.1 ± 0.8 weeks			
	<i>FR</i>	<i>p-value</i>	<i>FR</i>	<i>p-value</i>	<i>FR</i>	<i>p-value</i>
<i>Gsr</i>	2.08	<0.001	1.70	0.001	3.93	<0.001
<i>Osgin1</i>	2.72	<0.001	1.69	0.001	-	

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Conclusion

Human-to Animal-to-Human translation for drug development

Case-control study on mild AD patients vs controls

Animal study on APP^{V717L} x TAU^{P301L}

Blood – hippocampus
AD patients and AD mice

F2r
Tlr6
Il1b

Blood
AD patients and AD mice

Gsr
(validated NRF2 target)

New inflammation and redox biomarkers
common in mild AD patients and mice models

New drugs

Clinical trials

Selected drugs

Preclinical study for
the new drug



Article

Altered Blood and Brain Expression of Inflammation and Redox Genes in Alzheimer's Disease, Common to APP^{V717I} × TAU^{P301L} Mice and Patients

Catalina Anca Cucos ^{1,†}, Elena Milanesi ^{1,†}, Maria Dobre ¹, Ioana Andreea Musat ², Gina Manda ^{1,*} and Antonio Cuadrado ^{1,3,4,5,6,7}

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† These authors contributed equally to this work.



Cucos, C.A.; Milanesi, E.; Dobre, M.; Musat, I.A.; Cuadrado, A. Altered Blood and Brain Expression of Inflammation and Redox Genes in Alzheimer's Disease, Common to APP^{V717I} × TAU^{P301L} Mice and Patients. *Int. J. Mol. Sci.* **2022**, *13*, 3059. <https://doi.org/10.3390/ijms13053059>

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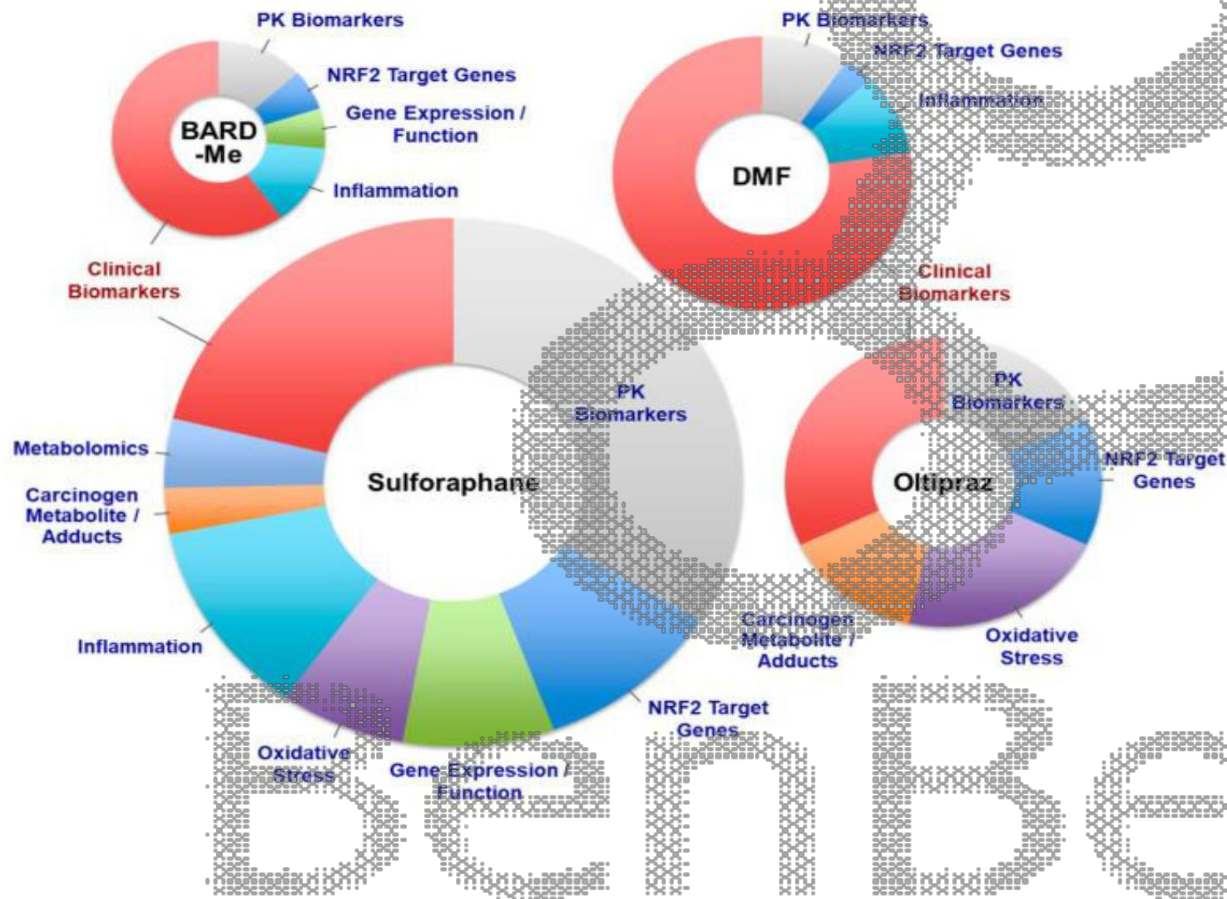
Accepted: 19 May 2022

Published: 21 May 2022

Abstract: Despite intensive research, the pathophysiology of Alzheimer's disease (AD) is still not fully understood, and currently there are no effective treatments. Therefore, there is an unmet need for reliable biomarkers and animal models of AD to develop innovative therapeutic strategies addressing early pathologic events such as neuroinflammation and redox disturbances. The study aims to identify inflammatory and redox dysregulations in the context of AD-specific neuronal cell death and DNA damage, using the APP^{V717I} × TAU^{P301L} (AT) mouse model of AD. The expression of 84 inflammatory and 84 redox genes in the hippocampus and peripheral blood of double transgenic AT mice was evaluated against age-matched controls. A distinctive gene expression profile in the hippocampus and the blood of AT mice was identified, addressing DNA damage, apoptosis and thrombosis, complemented by inflammatory factors and receptors, along with ROS producers and antioxidants. Gene expression dysregulations that are common to AT mice and AD patients guided the identification of candidate biomarkers. The identified inflammation and redox genes, common to AD patients and AT mice, might be suitable candidate biomarkers for preclinical drug development that could be readily translated to clinical trials.

Keywords: Alzheimer's disease; gene expression; inflammation; redox alterations; hippocampus; blood

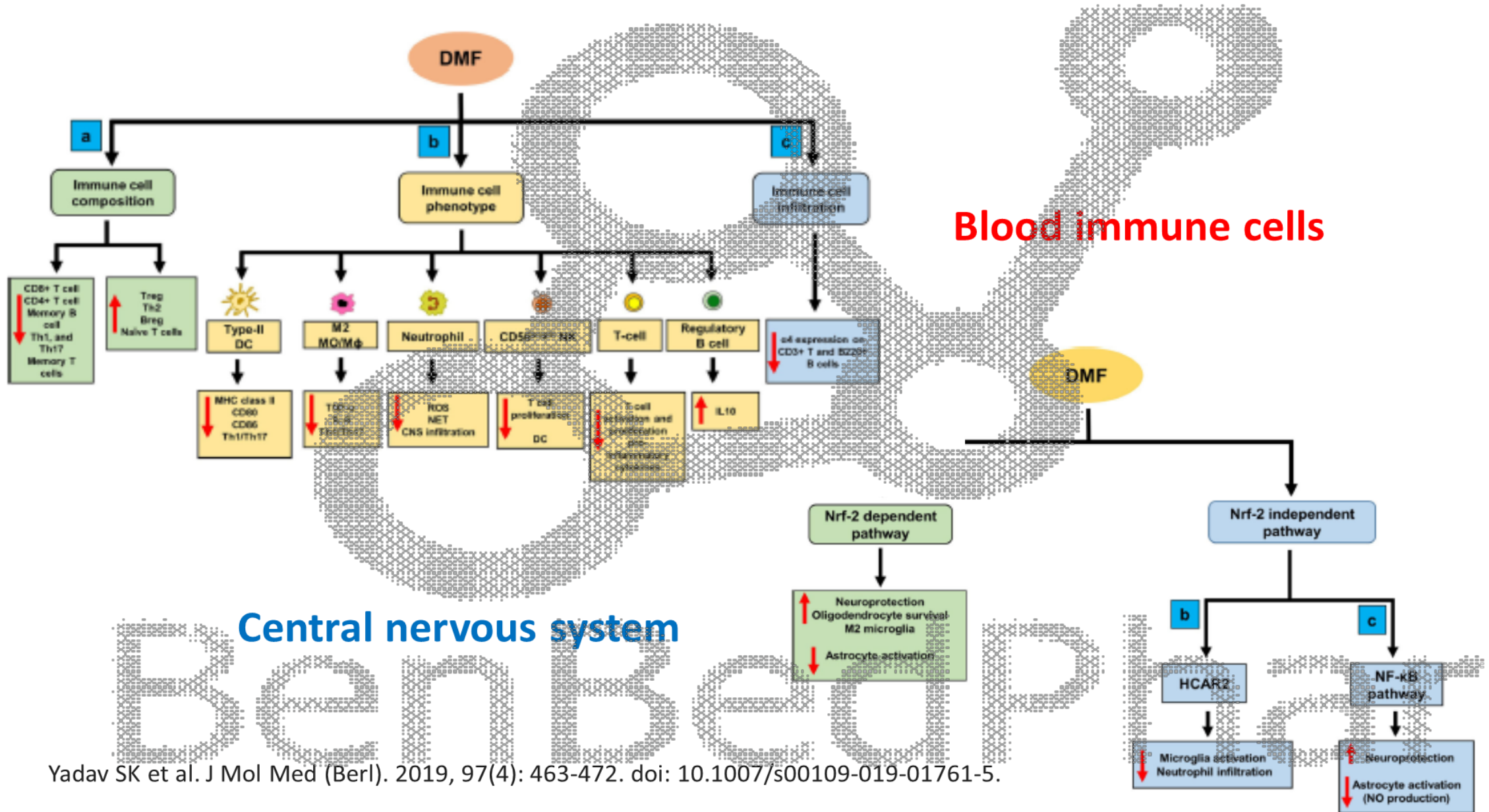
IV. Clinical trials on NRF2 activators



Predicting a clinical end-points
and treatment effects
in various diseases

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The NRF2 pathway as biomarker for dimethyl fumarate treatment in relapsing – remitting multiple sclerosis

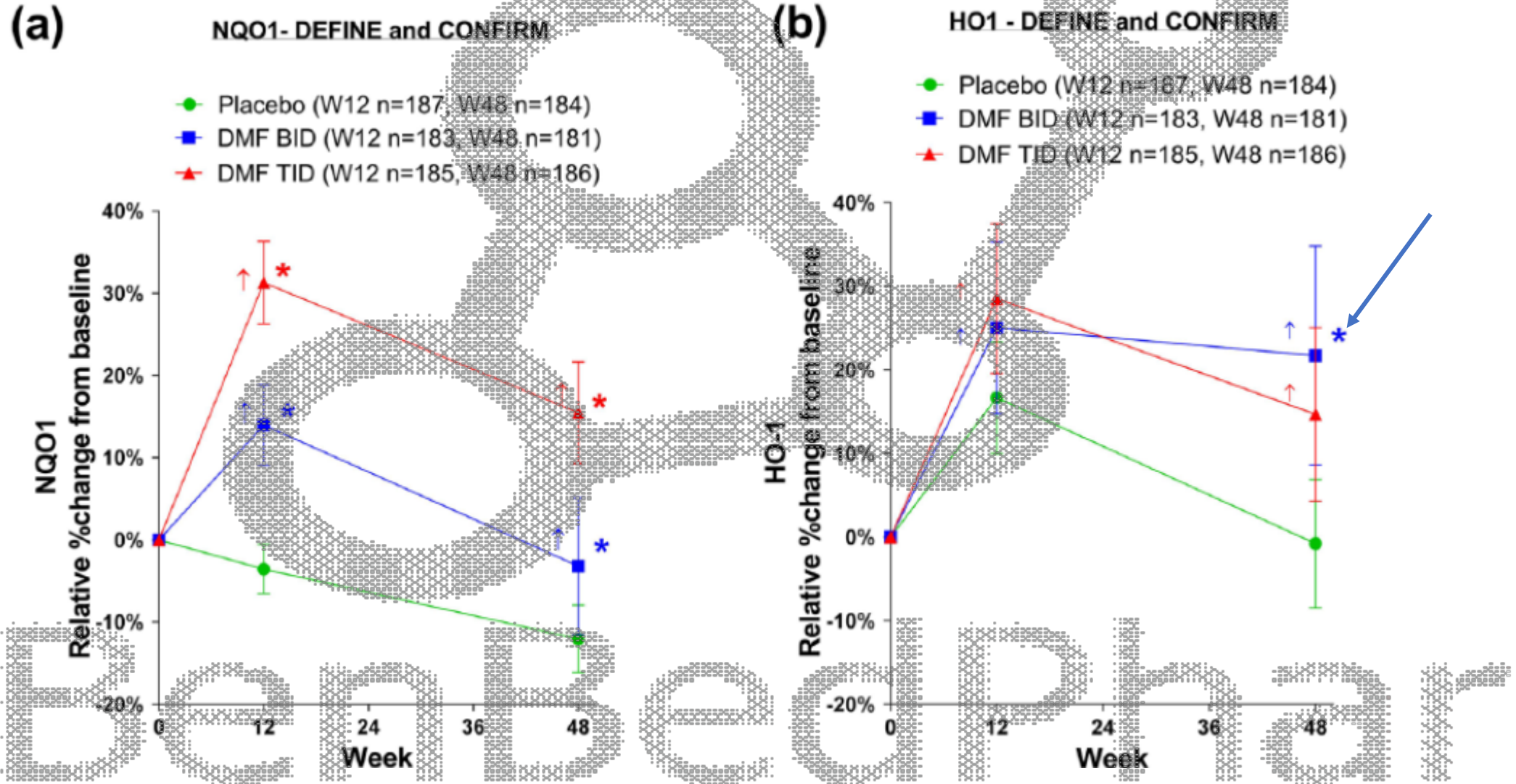


Phase 3 CONFIRM and DEFINE studies on DMF-treated MS patients vs placebo

Characteristic	Placebo (N=200)	DMF BID (N=200)	DMF TID (N=200)
Age (years)	38.7±9.2 ^b	38.9±9.3	39.4±8.7
Female sex, no. (%)	135 (68) ^c	137 (69)	157 (79)
Weight (kg)	76.7±18.2	76.2±20.3	74.2±18.5
Race, ^d no. (%)			
White	175 (88)	178 (89)	175 (88)
Other	25 (13)	22 (11)	25 (13)
Time since diagnosis (years)	5.3±5.8	5.3±5.5	5.1±5.4
Subjects who took any prior MS medication, ^e no. (%)	103 (52)	97 (49)	96 (48)
Relapses in previous 12 months, no.	1.3±0.8	1.4±0.7	1.4±0.6
EDSS score at baseline, ^f no. (%)			
0.0	12 (6)	14 (7)	11 (6)
1.0 or 1.5	52 (26)	59 (30)	50 (25)
2.0 or 2.5	47 (24)	59 (30)	69 (35)
3.0 or 3.5	57 (29)	37 (19)	38 (19)
4.0 or 4.5	28 (14)	25 (13)	26 (13)
5.0	4 (2)	5 (3)	6 (3)
Mean score on EDSS	2.4±1.2	2.3±1.2	2.3±1.2

Phase 3 CONFIRM and DEFINE studies on DMF-treated MS patients vs placebo

qRT-PCR on blood samples collected in PAXgene tubes; B2M - reference gene



Additional proof on NRF2 activation in DMF-treated MS patients

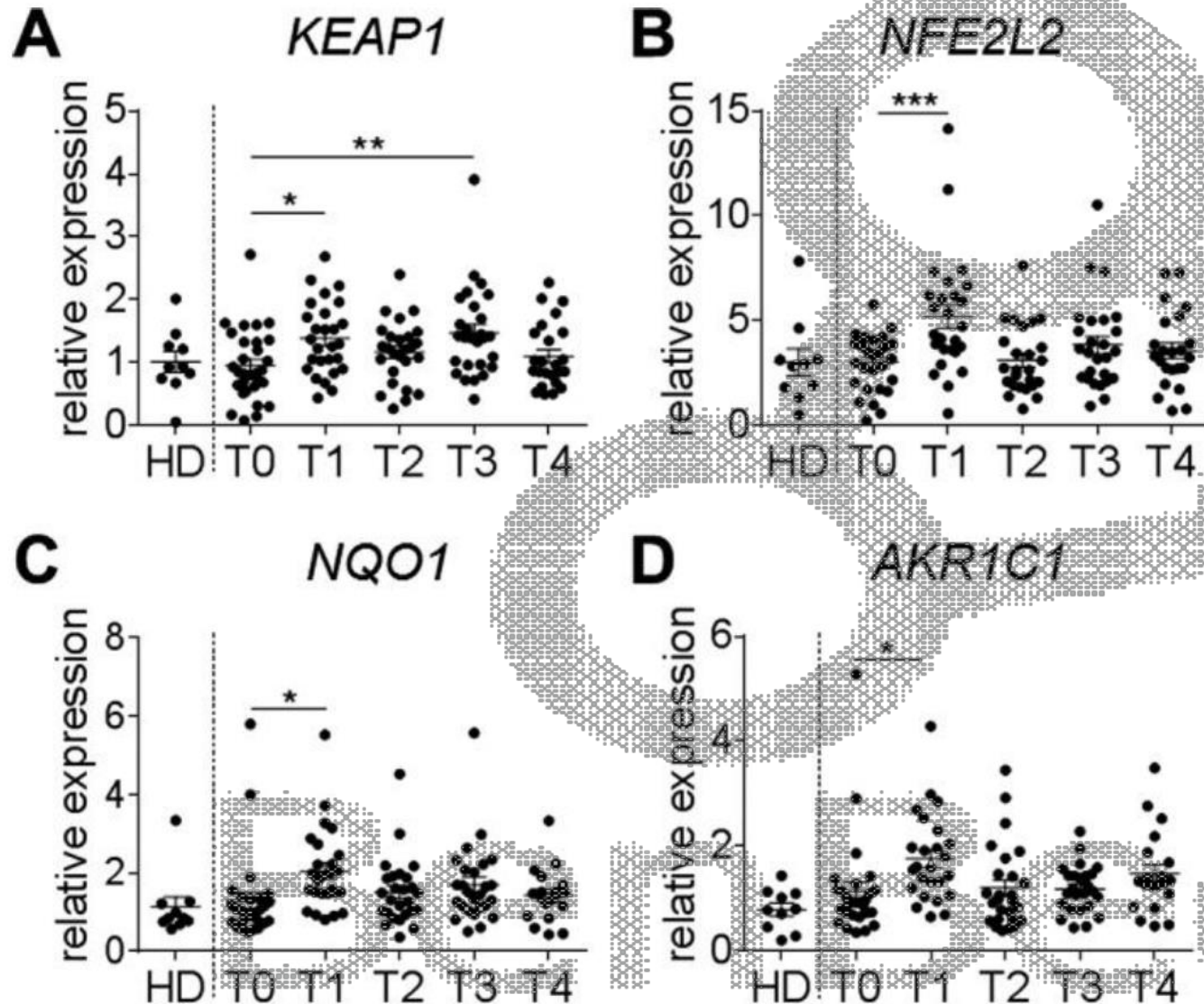
Cohort characteristic	Patient cohort (n=43)
Age, mean (SD)	36.3 (11.7)
Female, n (%)	31 (72.1)
Newly diagnosed within previous year, n (%)	19 (44.2 %)
Patients with prior treatment, n (%)	17 (39.5 %)
- Interferon β , n (%)	11 (25.6 %)
- Glatiramer acetate, n (%)	6 (13.9 %)
Patients with relapses in prior year, n (%)	30 (69.8 %)
EDSS score, median (IQR)	1.5 (1.0)

12 months therapy with Tecfidera[®]

- 22 of 28 (78.6%) patients showed no new MRI lesions
- 19/28 (67.9%) patients had no relapses
- EDSS (Expanded Disability Status Scale) remained stable in 16 out of 28 (57.1%) patients
- 9 of 28 (32.1%) patients gained No Evidence of Disease Activity (NEDA) status

BenBedPhar

DMF induces transiently an early transcriptional activity of NRF2 in PBMCs from HD (n=9–11) and DMF-treated MS patients (n=25–30)



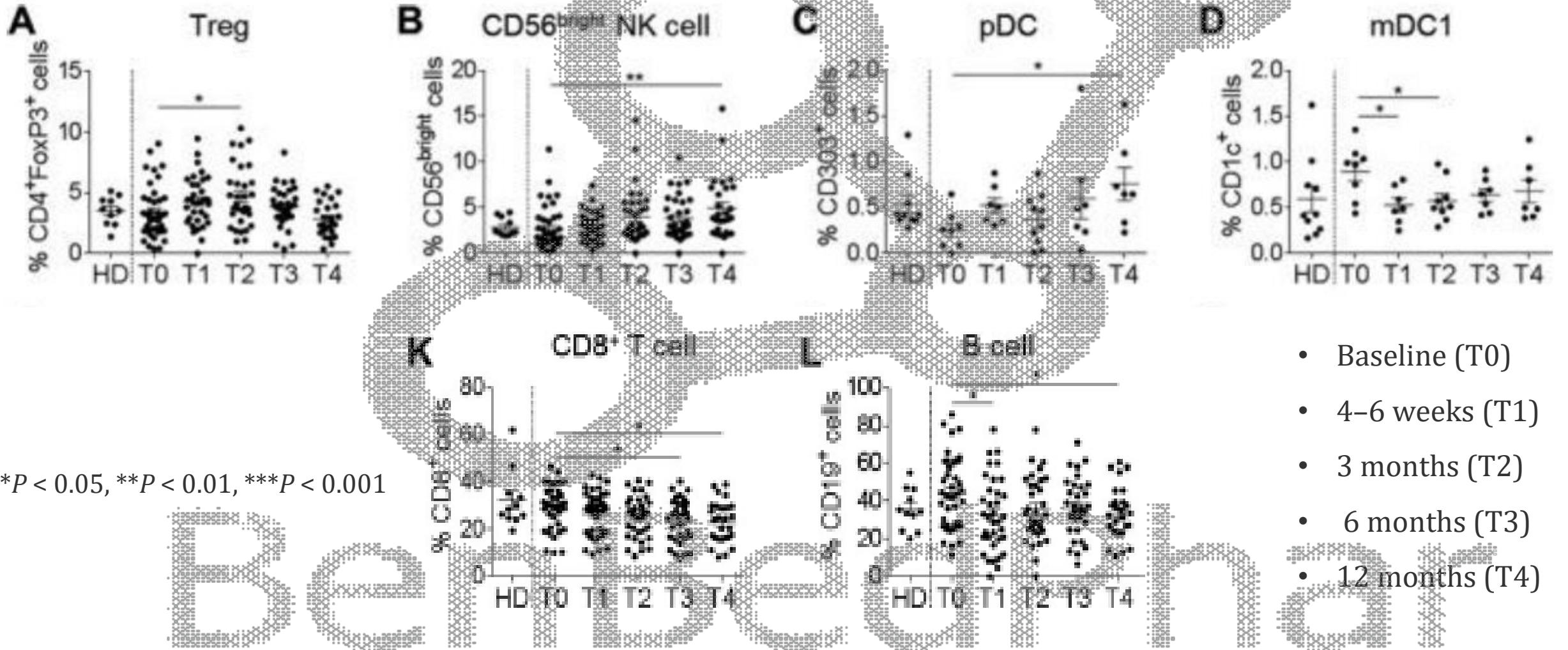
HD - healthy donor
MS - multiple sclerosis

- Baseline (T0)
- 4–6 weeks (T1)
- 3 months (T2)
- 6 months (T3)
- 12 months (T4)

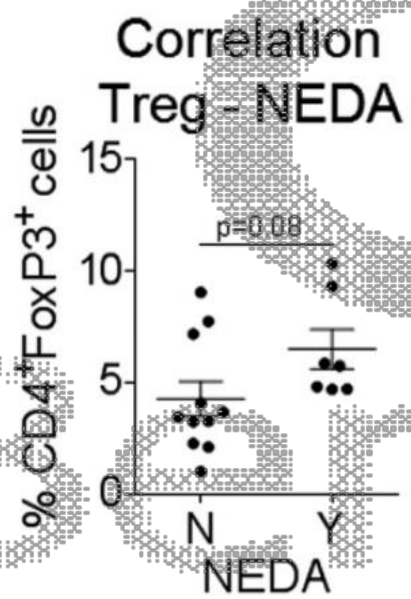
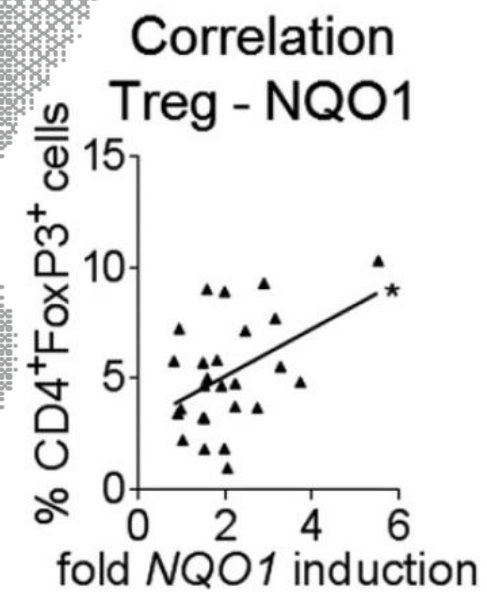
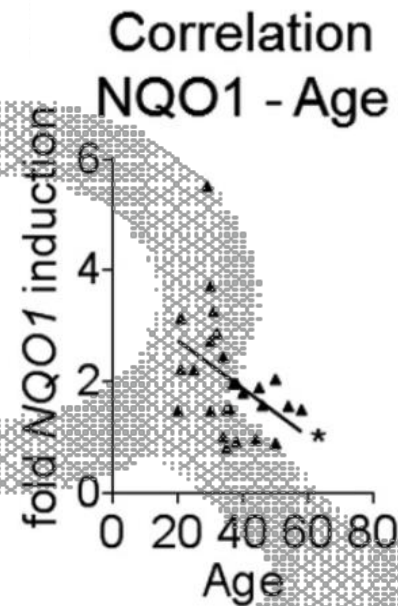
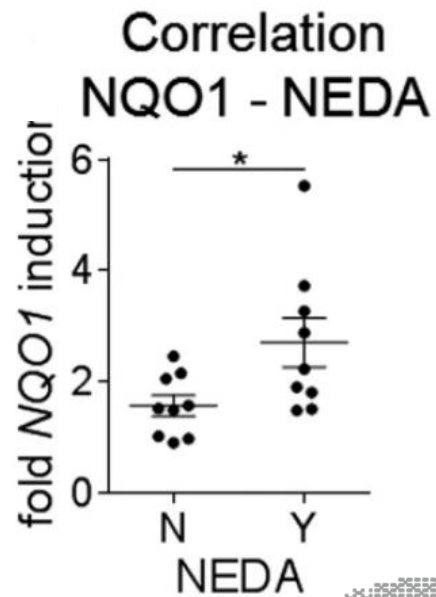
* $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$

Hammer A et al. Ann Clin Transl Neurol.
doi: 10.1002/acn3.553.

DMF-induced immune regulation



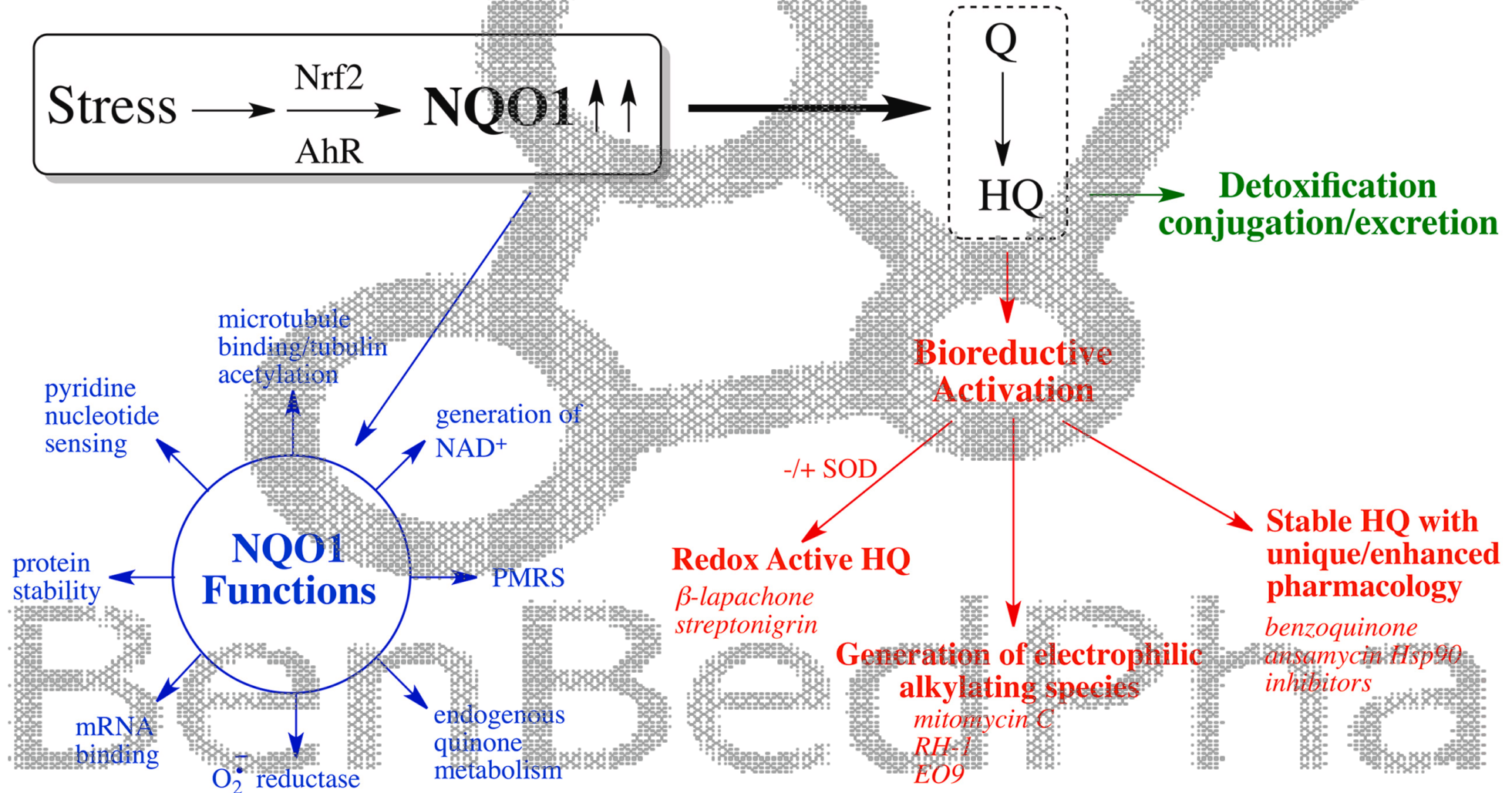
* $P < 0.05$, ** $P < 0.01$, *** $P < 0.001$



NEDA
No Evidence of Disease Activity

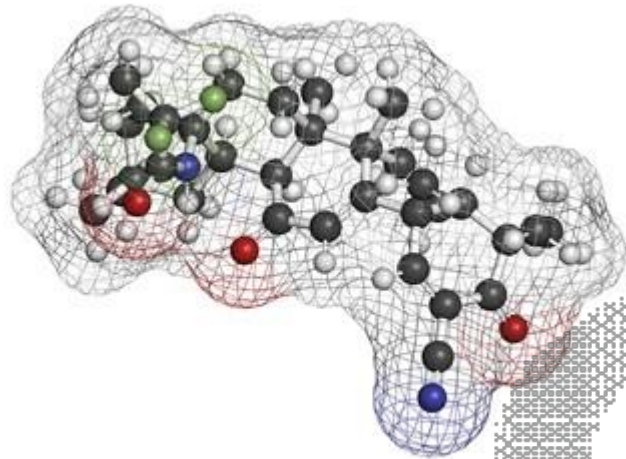
Ross D & Siegel D

The diverse functionality of NQO1 and its roles in redox control.
Redox Biol. 2021 May;41:101950. doi: 10.1016/j.redox.2021.101950.



Highlight

A new player in the NRF2 pharmaceuticals



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KEAP1 - Cys 151



NRF2 activation

Omaveloxolone (Skyclarys, Reata's Pharmaceutical's),
a semisynthetic oleanane triterpenoid that potently activates NRF2

was approved by FDA in February 2023

as the first treatment of Friedreich's ataxia,

a rare autosomal recessive degenerative disorder

characterized by an abnormal form of the frataxin gene and protein

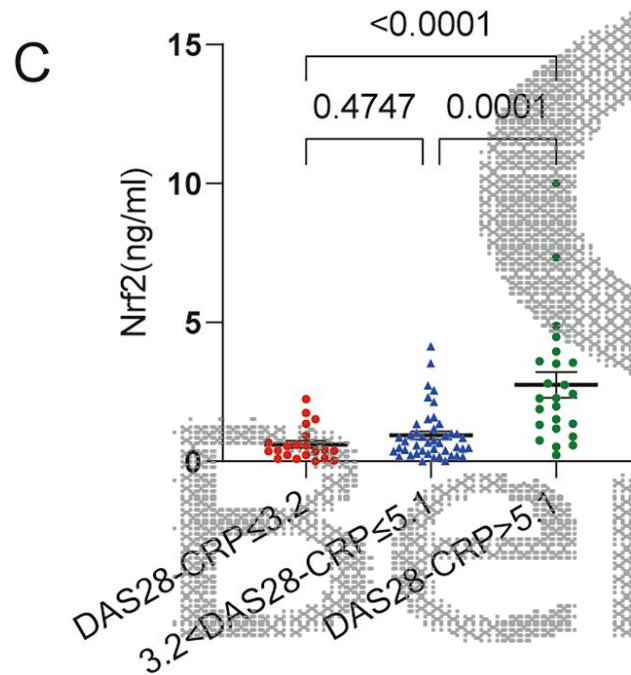
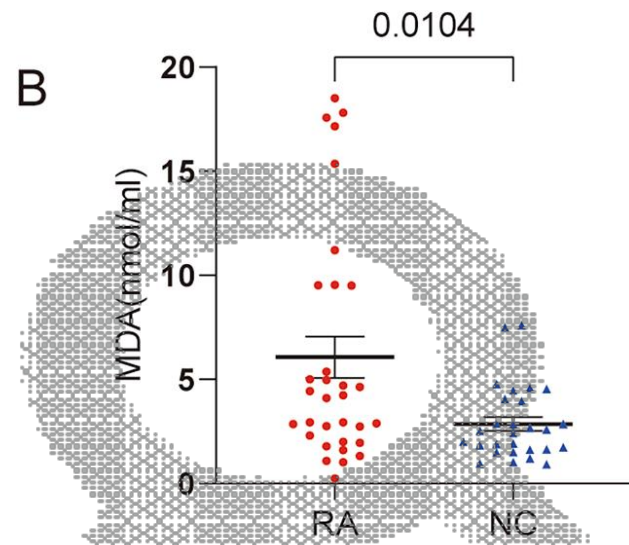
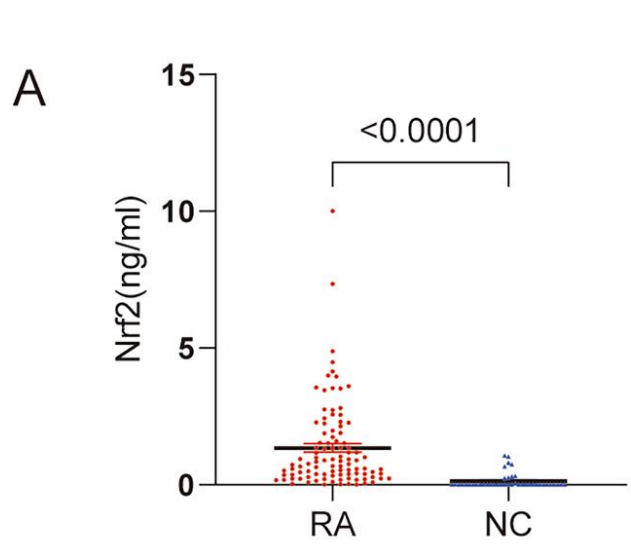
that leads to important mitochondrial dysfunction, oxidative stress and

defective antioxidant defence due to the suppression of NRF2 signaling.

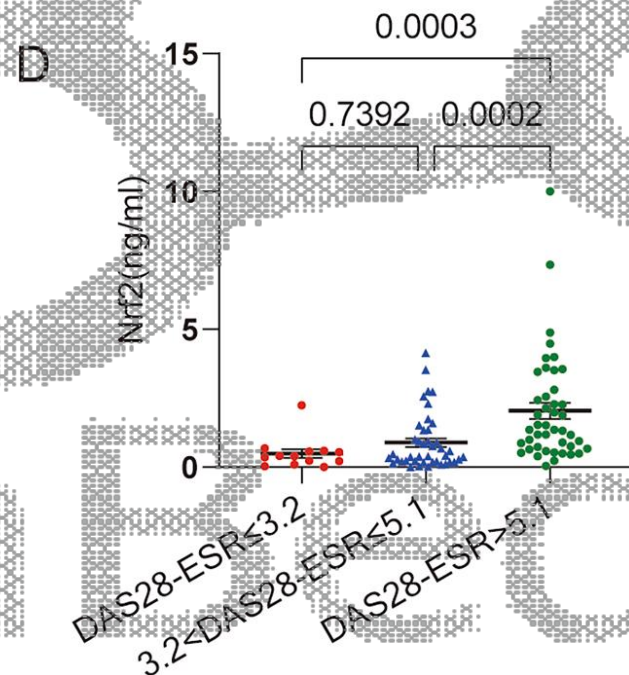
Ben BedPhar

V. NRF2 levels in serum or plasma

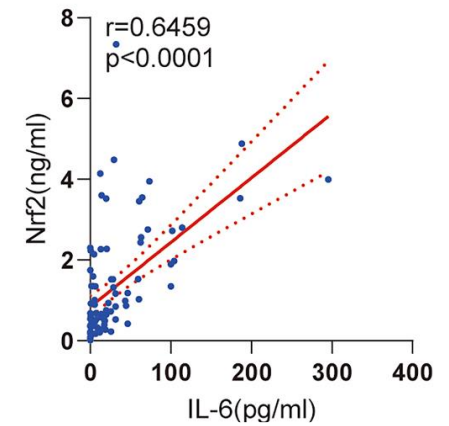
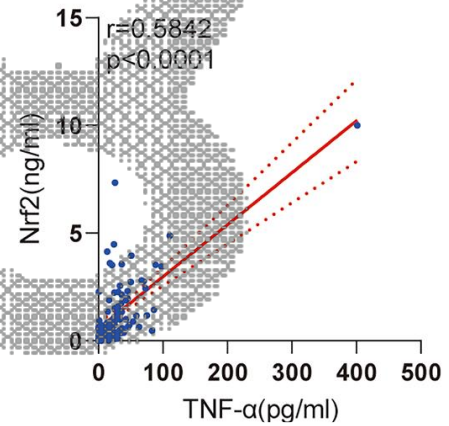
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ELISA



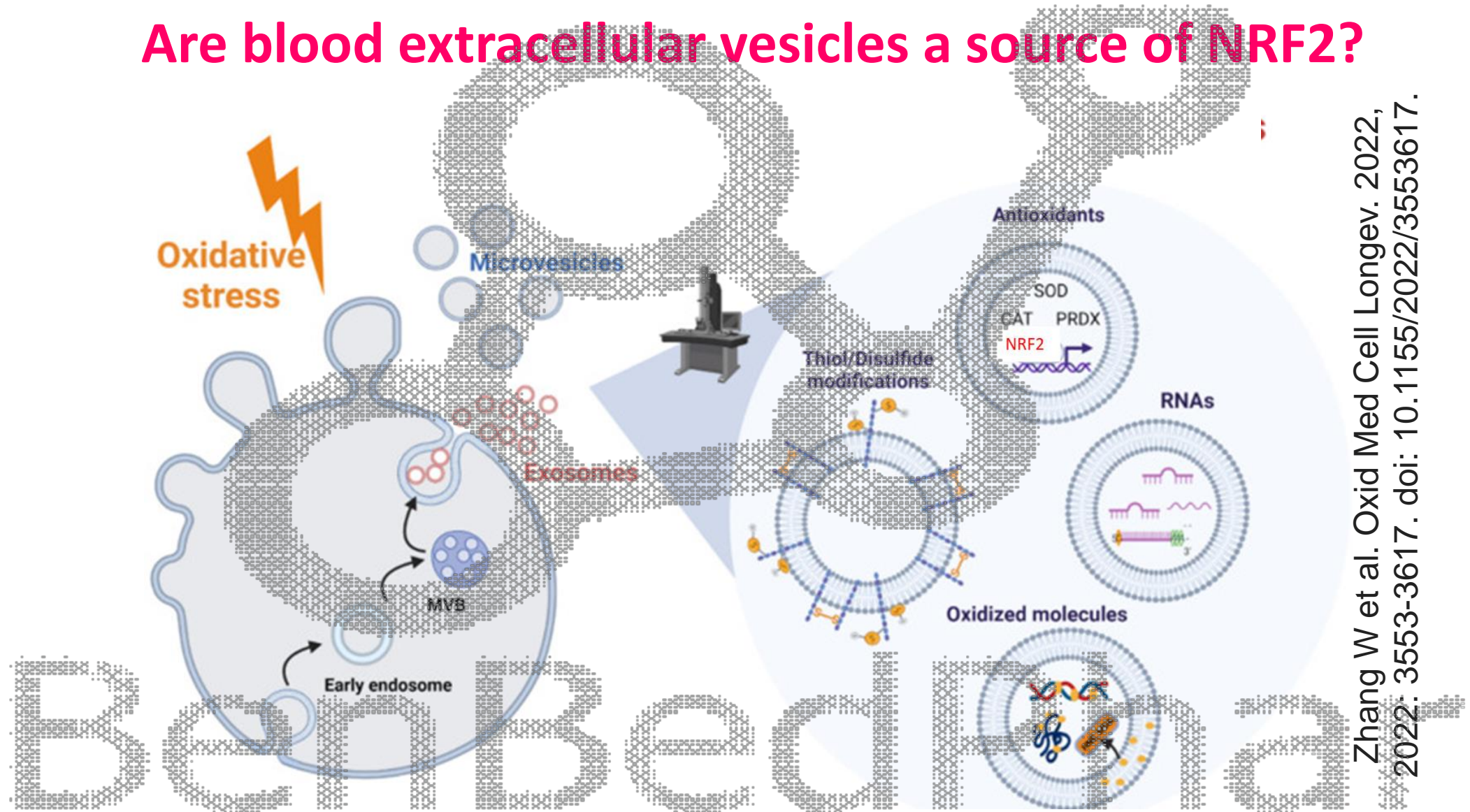
NRF2 levels are increased in the serum of rheumatoid arthritis patients (N=100) as compared to controls (N=42), especially in highly active disease



NRF2 levels correlate with the serum levels of key pro-inflammatory cytokines

Where does serum/plasma NRF2 come from?

Are blood extracellular vesicles a source of NRF2?



Zhang W et al. Oxid Med Cell Longev. 2022, 2022: 3553-3617. doi: 10.1155/2022/3553617.

Kahroba H et al. Biochimie. 2020, 171-172:103-109. doi: 10.1016/j.biochi.2020.02.011.



The story continues on June 29, 2023 with my talk on

Cancer and Radiotherapy

in the context of NRF2

Bernice Chhar